

HBB = Home-Based Business

Business Name	#	Street Address	Phone Number	Fax Number
All-Tech Environmental Services Limited	9	Allston Street	754-4146	754-4194
FastSigns	9	Allston Street	722-7446	722-7445
Setpoint AE Inc.	9	Allston Street	726-0026	726-0028
Sutton Aurora Realty	9	Allston Street	726-6262	726-2237
Mile One Harley Davidson (10349135 Canada Ltd.)	12	Allston Street	364-9051	364-2551
Nortrax	15	Allston Street	368-9660	368-1146
Blue Water Marine & Equipment	16	Allston Street	782-3200	782-3201
Martin's Fire Safety Ltd.	20	Allston Street	753-8872	753-9821
Island Hose & Fittings Ltd.	22	Allston Street	754-0025	754-0027
Safety First (SFC) Ltd.	22	Allston Street	722-5375	722-8867
DOF Subsea Canada Corp.	26	Allston Street	576-2033	576-2500
Dance Studio East/Ballet Room (62002 NL Ltd.)	28	Allston Street	765-4499	
Speed Pro Signs (Annmar Holdings)	28	Allston Street	747-1988	747-2022
Royal Canadian Mounted Police	31	Allston Street	772-7909	772-2530
Seaboard Liquid Carriers	31	Allston Street	745-7500	745-7499
Dulux Paints (PPG Architectural Coatings)	32	Allston Street	753-7470	753-7518
Eastern Contracting Ltd.	32	Allston Street	722-5428	722-1816
First Baptist Academy	1	Ambassador Place	364-8928	364-3542
First Baptist Church	1	Ambassador Place	364-5528	364-3542
Mount Pearl Soccer Association	44	Arena Road	364-9793	368-4981
Maher Photography	62	Ashford Drive	364-4687	
The Salvation Army	106	Ashford Drive	364-3700	364-6465
St. Peter's Primary School	108	Ashford Drive	368-7002	364-1533
St. Peter's Church	110	Ashford Drive	364-8606	364-8608
St. Vincent De Paul	110	Ashford Drive	747-3320	364-8608
GLS Consulting Inc. - HBB	38	Avery Place	747-3624	
Guaranteed Satellite Sales - HBB	11	Baffin Drive	364-3474	737-0907
Bannister Street Dental (Dr. Gary MacDonald)	36	Bannister Street	368-0171	364-5025
Havana Salon & Spa	36	Bannister Street	747-1818	769-1817
Hardwood Depot	38	Bannister Street	364-8988	364-8405
Compusult Ltd.	40	Bannister Street	745-7914	745-7927

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Rosie O'Grady's Pub & Eatery (Waldo Enterprises Inc.)	42	Bannister Street	368-2909	747-0360
Studio Maxx	44	Bannister Street	738-3553	
AIL (American Income Life) NL	48	Bannister Street	722-5251	
Aloha Tans	48	Bannister Street	745-8267	
Denise Green Browne, RMT	48	Bannister Street	745-9109	745-9109
Abbyshot Clothiers Ltd.	75	Barbour Drive	747-2323	747-2376
Cooperative Housing Association of Nfld. & Lab	75	Barbour Drive	747-5615	747-5606
Creative Learning (The Tutoring Centre)	75	Barbour Drive	753-3972	
Mount Pearl School of Dance	75	Barbour Drive	364-7817	
Needs Convenience (TRA NL Ltd.)	75	Barbour Drive	368-0888	
Pooch Parlour	75	Barbour Drive	745-8198	
Skills Canada - Newfoundland & Labrador	75	Barbour Drive	739-4172	739-4198
Station (The)	75	Barbour Drive	765-9579	
Valley Cabs	77	Barbour Drive	368-6001	368-0872
Melissa Lethbridge Child Care - HBB	5	Bartlett Place	237-4797	
Eastern Health Cuisine Centre	3	Beclin Road	777-7516	
Battlefield Equipment Rentals	6	Beclin Road	745-8766	745-5952
IPEX Atlantic	16	Beclin Road	747-7473	368-9111
Bunzl Canada Inc.	22	Beclin Road	747-5560	747-5563
J.W. Lindsay Enterprises Limited	22	Beclin Road	273-5000	273-5001
TAM International Oil Services Ltd.	22	Beclin Road	745-8810	745-8818
Trane Atlantic	22	Beclin Road	753-8678	754-3029
Anixter Canada Inc.	26	Beclin Road	754-0300	754-3338
Atlantic Controls (Emerson Process Management)	26	Beclin Road	579-7766	579-7716
Fedex Ground Package System Ltd.	26	Beclin Road	(800) 463-3339	
Cardinal Health	27	Beclin Road	368-4643	
SNC Lavalin Industrial Atlantic Inc.	27	Beclin Road	758-4950	722-8730
Asco Canada	30	Beclin Road	748-7800	748-7816
CAE (Canadian Aviations Electronics) Inc.	35	Beclin Road	973-581-7425	
Falck Safety Services	35	Beclin Road	579-7878	749-7732
Intria Corporation (A division of CIBC)	38	Beclin Road	724-5706	

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Business Name	#	Street Address	Phone Number	Fax Number
Petro Service Limited	38	Beclin Road	758-4217	758-4230
Source Atlantic Limited	38	Beclin Road	748-5060	748-5070
Apex Construction Specialties Inc.	41	Beclin Road	726-1111	726-5315
Newfoundland Hard-Rok Inc. (Apex Construction)	41	Beclin Road	754-4900	726-5315
Dallas Mercer Consulting	47	Beclin Road	364-3900	364-3910
Stacey Contracting - HBB	1	Billard Avenue	368-4135	747-9352
Rockmount Properties	835	Blackmarsh Road	368-3000	368-3002
Nexxbar Equipment Corporation Inc. - HBB	48	Blade Crescent	764-9299	
Dave Peet Siding & Renovations - HBB	3	Bletchley Crescent	368-8249	745-4582
Bloom Family Child Care - HBB	5	Bletchley Crescent	693-0059	
SKJ Agencies - HBB	23	Bletchley Crescent	745-7773	
J.L. Guiney Engineering Limited - HBB	7	Bonfoy Place	685-7592	
Cap-It (H.P. Auto Limited)	2	Bruce Street	745-7800	745-7801
Centura Floor & Wall Fashions	2	Bruce Street	579-4600	579-0821
Movement One	2	Bruce Street	364-1762	
Smith, Bussey, Muir Accountants	2	Bruce Street	747-0178	747-0438
Environment Canada	6	Bruce Street	772-5585	772-5097
Central Dairies (Agorpur Dairy Co-Op)	12	Bruce Street	364-7531	364-8714
Reliant Transport Ltd.	12	Bruce Street	364-1172	364-8714
Weston's Bakery Ltd.	17	Bruce Street	576-1941	576-1958
Emco Corporation	18	Bruce Street	745-0382	747-4199
Emco Supply (Plumbing Division)	18	Bruce Street	747-0382	747-4199
Emco Waterworks	18	Bruce Street	747-2626	747-2623
D&R Trades Mechanical Inc. - HBB	15	Burgess Avenue	743-4189	221-1455
Earle Consulting Limited - HBB	10	Carleton Drive	364-4442	368-6292
Snook's Cleaning Service - HBB	26	Carleton Drive	368-0896	
Squeaky Cleaning - HBB	10	Castors Drive	746-1420	
B. Davis Agencies Ltd. - HBB	96	Castors Drive	682-8682	
Blair G. Downey Law Firm	1	Centennial Street	747-3717	747-3713
Metro Property Management	1	Centennial Street	237-5804	
NLDA	1	Centennial Street	579-2362	579-1250

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Rowsell, Appleby, Newton Engineering Inc.	1	Centennial Street	754-9135	237-5972
TGB Construction (Nunavut Excavating)	1	Centennial Street	745-0100	745-0002
Universal Cruise & World Travel Inc.	1	Centennial Street	364-8770	364-8773
Centennial Medical Centre (Dr. Andrew Rossiter)	2	Centennial Street	368-0033	368-0727
Lawtons Drugs	2	Centennial Street	368-2663	368-2669
ScotiaBank	2	Centennial Street	576-7796	576-8726
City of Mount Pearl	3	Centennial Street	748-1000	748-1150
Wilkins Automotive Repairs Ltd.	5	Centennial Street	368-8962	
Arthur James Clothing (Coleman's - Focenco)	6	Centennial Street	368-7928	368-7923
Coleman's Food Centre (Focenco)	6	Centennial Street	368-7920	368-7923
Newfoundland Liquor Corporation	6	Centennial Street	368-5835	
Comfort Home Care	12	Centennial Street	368-3554	368-8437
Mount Pearl Electrolysis Clinic Inc.	16	Centennial Street	368-2445	
TD Bank	18	Centennial Street	758-5030	368-5797
Family Laundromat Ltd.	22	Centennial Street	368-7627	
80259 Newfoundland Inc. - HBB	3	Champlain Crescent	769-2295	
Consulting by Bonnie Inc. - HBB	7	Clover Brae Crescent	726-8875	
NL Modular	7	Clyde Avenue	753-0424	754-6719
Platinum Diesel	7	Clyde Avenue		
Old Dutch Foods	8	Clyde Avenue	745-1341	745-1351
Ariva (A Division of Domtar)	14	Clyde Avenue	368-2108	368-1018
NC Hutton Limited	14	Clyde Avenue	368-2131	368-2410
Saputo Dairy Products Canada G.P. (Scotsburn)	14	Clyde Avenue	747-5365	
Tulk Tire & Service Ltd.	15	Clyde Avenue	368-5889	747-0580
Crosbie Salamis Limited	19	Clyde Avenue	765-1166	
Enertrak	19	Clyde Avenue	747-2669	747-2493
Household Movers & Shippers Limited	19	Clyde Avenue	747-4222	368-2619
Scotsburn Dairy Group (Saputo)	22	Clyde Avenue	747-5365	747-2911
East Coast Converters	24	Clyde Avenue	747-0860	747-0945
24/7 Security Services (Rumseys Holdings Inc.)	27	Clyde Avenue	726-5123	726-5990
Stericycle (Shred-It International)	27	Clyde Avenue	800-697-4733	

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Crane Supply	31	Clyde Avenue	747-7510	747-7795
Loblaw Atlantic	35	Clyde Avenue	576-1246	576-1232
Peter Pan Sales	36	Clyde Avenue	747-1990	747-1482
Industrial Rubber Newfoundland	44	Clyde Avenue	747-0660	747-0673
Ply Gem Building Products (Procanna)	47	Clyde Avenue	368-4001	368-1014
Hyflodraulic Limited	48	Clyde Avenue	364-5566	364-8215
Amanda Upshall Professional Accounting Service	51	Clyde Avenue	727-2516	747-3444
Basil Fearn (1993) Ltd.	51	Clyde Avenue	747-8495	747-8493
ESL Marine Supplies Ltd (Div. of Entreprises Shippagan Ltd.)	51	Clyde Avenue	745-6366	745-6346
Gale's Accounting Services Inc.	51	Clyde Avenue	747-3535	747-3444
Guildfords 2005 Inc. (MSM Construction)	54	Clyde Avenue	368-3134	368-7477
Multiglass Insulation	54	Clyde Avenue	368-2845	368-8869
PowerSecure Canada Energy Services Inc.	54	Clyde Avenue	749-0296	
Atlantic Hose & Fittings Ltd.	56	Clyde Avenue	738-3528	738-4481
Stoncor Group	56	Clyde Avenue	725-6348	745-3108
Royal Newfoundland Constabulary	59	Clyde Avenue	729-8175	729-8282
Household Movers & Shippers (HHM Transp. & M&D Express)	60	Clyde Avenue	748-4504	368-2619
Infinity Construction Ltd.	60	Clyde Avenue	237-6700	237-6701
Molson Properties Inc.	60	Clyde Avenue	724-1455	368-2471
Terra Nova Glass LTD	60	Clyde Avenue	368-3922	368-4900
Veritiv Canada Inc.	60	Clyde Avenue	748-2285	748-2200
Irving Propane	63	Clyde Avenue	747-9314	
Donovans Irving Gas Bar	65	Clyde Avenue	745-3403	745-0882
Donovans Irving Restaurant (Kariss Enterprises Ltd.)	65	Clyde Avenue	745-3403	745-0882
Robin's Donuts	65	Clyde Avenue	745-3403	745-0882
Life Safety Systems (Atlantica Mechanical Contractors Inc.)	78	Clyde Avenue	738-7940	738-7941
Marid Industries (Fasco Industries)	78	Clyde Avenue	364-6174	364-7413
Well Control Group	80	Clyde Avenue	368-9355	
Horseshoe Hill Construction	82	Clyde Avenue	739-0206	739-4912
White & Abbott, CPA's	82	Clyde Avenue	747-7777	
Cre8iv Design Studio	84	Clyde Avenue	368-8888	

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Fire Tech Systems Ltd. (Division of Vipond Inc.)	84	Clyde Avenue	739-1984	739-1993
PBA Industrial Supplies Ltd.	84	Clyde Avenue	368-9800	368-9814
360 Auto Care (Brooke's Automotive & Sales)	86	Clyde Avenue	747-7009	
Scale Shop (1985) Ltd., The	88	Clyde Avenue	747-2031	747-1338
Brenntag Canada Inc.	90	Clyde Avenue	747-7970	747-7980
Akita Equipment	96	Clyde Avenue	364-8908	368-4045
Crawford & Company (Canada) Inc.	96	Clyde Avenue	753-6351	753-6129
Heavy Weights Training Centre	96	Clyde Avenue	747-4700	
KMA Pharmaceuticals	96	Clyde Avenue	745-8884	745-8288
NuQuest Distribution	96	Clyde Avenue	745-8884	745-8288
Twin City Financial	96	Clyde Avenue	747-7711	747-7770
Cadillac Services	97	Clyde Avenue	576-3584	579-3590
Overhead Door (Nfld) Ltd.	99	Clyde Avenue	368-7222	368-7228
Paint Shop Atlantic Ltd. (Access Moore Décor Alliance)	102	Clyde Avenue	747-5432	747-3425
RJB Warehouse	103	Clyde Avenue	748-3244	748-3248
H & F Electrical Limited	105	Clyde Avenue	782-3604	782-2074
NL Lightbars & Off Road Accessories	105	Clyde Avenue	325-7533	
Stabil Drill (Division of SES Canada Ulc)	106	Clyde Avenue	368-3001	368-3088
Workstrings Canada (Division of SES Canada Ulc)	106	Clyde Avenue	364-4342	364-4579
G.J. Shortall Ltd.	107	Clyde Avenue	747-0655	747-2223
Eastern Industrial Sales & Service	109	Clyde Avenue	754-0888	754-1333
Surface Experts	109	Clyde Avenue	687-6388	
Maritime Paper Products	110	Clyde Avenue	368-3369	368-2410
Al-Pack Enterprises (RGR Enterprises)	117	Clyde Avenue	364-3010	364-3017
DHL/Loomis Express	117	Clyde Avenue	855-256-6647	747-5478
Raymond & Johnston Equipment (G.N. Johnston Equipment)	117	Clyde Avenue	745-4747	
RGR Enterprises	117	Clyde Avenue	364-2100	364-2552
Mechanical Components Limited	119	Clyde Avenue	747-9750	747-7750
Port Electric Solutions Inc. (Terra Nova Marketing)	119	Clyde Avenue	364-8977	364-5160
Cummins Eastern Canada Ltd.	122	Clyde Avenue	747-0176	747-2283
Allswater Naval Architects & Engineers	123	Clyde Avenue	747-9100	747-6683

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Praxair Canada Inc.	123	Clyde Avenue	747-0931	747-0420
Gentek Building Products	126	Clyde Avenue	745-5240	745-5275
Crossfit Islander Inc. (79557 NL Inc.)	127	Clyde Avenue	728-6365	
Hydril Canada Company (Tenaris)	127	Clyde Avenue	747-2583	
Ocean Choice International	127	Clyde Avenue	782-6244	368-2260
Source Energy Atlantic Inc.	127	Clyde Avenue	739-8003	739-5973
Atlantic Inspection Services Inc. (Oilfield Services)	130	Clyde Avenue	576-3999	576-3980
Brown Offshore Ltd.	130	Clyde Avenue	576-1811	753-1681
Scotia Insulations (POLR Enterprises Inc.)	134	Clyde Avenue	747-6688	747-6699
UPS (United Parcel Services Canada Ltd.)	134	Clyde Avenue	800-742-5877	351-1305
Atlantic Inspection Services Inc. (Oilfield Services)	138	Clyde Avenue	576-3999	576-3980
Karen and George Contracting Ltd. - HBB	1	Collins Place	745-5032	
Emberley Developments	3	Commonwealth Ave	368-1093	368-3337
St. John's Soap Works	4	Commonwealth Ave	728-9652	
Commonwealth Denture Clinic	6	Commonwealth Ave	364-3355	364-3355
Brewery Lane	7	Commonwealth Ave	745-1140	745-1618
Emberley's Electrical	7	Commonwealth Ave	368-5536	368-5266
Floral Elegance	7	Commonwealth Ave	693-2664	747-1673
Kathy Evans Bridal Studio	7	Commonwealth Ave	746-3553	
Midgard Gaming	7	Commonwealth Ave	364-7529	364-7529
Ooh La La Pet Spaw	7	Commonwealth Ave	758-7729	758-4507
Piper's Department Stores	7	Commonwealth Ave	368-8192	368-1633
The Never Ending Story	7	Commonwealth Ave	368-1838	
Wiseman's Martial Arts Inc.	7	Commonwealth Ave	725-3656	
Just 4 ME Children's Boutique	9	Commonwealth Ave	745-5463	
Seedlings Centre	9	Commonwealth Ave	237-8738	
Critters 'n Things	11	Commonwealth Ave	368-8660	747-5495
Four Paws Dog Grooming	11	Commonwealth Ave	747-5455	747-5495
Berg's Ice Cream	14	Commonwealth Ave	745-7557	368-2254
Ultramar (Couche-Tard Inc.)	14	Commonwealth Ave	364-8583	364-8583
Marie's Mini Mart (Kenny Enterprises)	15	Commonwealth Ave	368-1210	364-7713

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Domino's Pizza (Melsha Investments)	17	Commonwealth Ave	747-9444	
Tax Shelter (1974) Ltd.	17	Commonwealth Ave	747-3650	747-3651
NAPA Auto Parts	18	Commonwealth Ave	368-7100	368-7040
Subway (FGI Group)	18	Commonwealth Ave	364-2582	364-6904
NL Gold Factory	19	Commonwealth Ave	763-7277	
Mr. Jim's Pizza (Mavroyannis Enterprises Ltd.)	21	Commonwealth Ave	368-9021	368-6034
Mount Pearl Irving (Couche-Tard Inc.)	22	Commonwealth Ave	368-2156	368-2156
Mary Brown's (Mila Foods)	25	Commonwealth Ave	368-2368	368-4988
KFC	26	Commonwealth Ave	364-9360	
Dr. Sandra Taylor	30	Commonwealth Ave	364-1000	364-4802
Big Cheese Pizza	31	Commonwealth Ave	747-2727	
Canada Post Corporation	31	Commonwealth Ave	758-1055	
Ches's Fish n' Chips	31	Commonwealth Ave	364-6837	364-1500
McNally's Billiards	31	Commonwealth Ave	747-7663	
Flowers with Special Touch	32	Commonwealth Ave	765-8848	
McDonald's Restaurants	34	Commonwealth Ave	364-9055	364-9061
Jordan Construction Ltd.	37	Commonwealth Ave	368-3750	368-6435
Barkley's Bar & Grill	39	Commonwealth Ave	364-7999	
Charmed Hair Salon	39	Commonwealth Ave	745-4340	
Fairway Insurance Services	39	Commonwealth Ave	738-8430	738-8400
Feltham & Associates	39	Commonwealth Ave	364-7300	364-7731
GLMA Investments Inc. (Business Suites)	40	Commonwealth Ave	746-3993	
Royal Bank of Canada	45	Commonwealth Ave	576-4443	576-4676
Milestones Early Learning Centre	46	Commonwealth Ave	738-7105	747-8345
Compounding Wellness/Revived Wellness	48	Commonwealth Ave	364-6663	364-6703
Dr. Bhanu Muram	48	Commonwealth Ave	364-6504	368-0133
Essential Wellness Massage Therapy	48	Commonwealth Ave	364-6665	726-3787
Co-Operators Insurance	50	Commonwealth Ave	758-1216	726-5211
Our Pleasure Inc. (11221 Newfoundland Inc.)	50	Commonwealth Ave	745-5683	747-4075
Panago Pizza (69618 Newfoundland Inc.)	50	Commonwealth Ave	745-5959	
Pharmasave	50	Commonwealth Ave	745-2224	

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Proactive Wellness & Prevention	50	Commonwealth Ave	747-7030	747-7032
Sherwin Williams	50	Commonwealth Ave	745-0955	745-0966
Simply Radiant	50	Commonwealth Ave	701-8478	
Tru Salon	50	Commonwealth Ave	221-3900	221-3900
Newfoundland and Labrador Credit Union	51	Commonwealth Ave	747-9415	747-9811
International Union of Operating Engineers	62	Commonwealth Ave	747-9040	747-6760
Atlantic Insurance Company Limited	64	Commonwealth Ave	364-5209	364-5262
Barrett's Funeral Home Limited	73	Commonwealth Ave	364-1937	368-1938
Commonwealth Medical Clinic	77	Commonwealth Ave	364-7555	364-7554
CommonwealthPhysiotherapy Clinic	77	Commonwealth Ave	368-4237	368-1866
Shoppers Drug Mart	77	Commonwealth Ave	364-7891	364-8698
Marie's Mini Mart	139	Commonwealth Ave	364-5442	364-7713
Atlantic Enclosures	181	Commonwealth Ave	728-1019	
Mount Pearl Auto King	181	Commonwealth Ave	747-2152	747-2170
C & C Cycle Sport Ltd.	185	Commonwealth Ave	745-3555	745-2225
David L. Randell, C.A.	185	Commonwealth Ave	368-2229	368-4411
Music for Young Children	185	Commonwealth Ave	687-4890	
The Creative Learning Programs Ltd.	185	Commonwealth Ave	753-3972	
The Mortgage Centre (Advantage Financial Services)	185	Commonwealth Ave	782-6400	782-6402
Assante Capital Management Ltd.	197	Commonwealth Ave	576-1785	576-1815
Metro Self Storage (Delaney's U-Store/M&J Develop)	199	Commonwealth Ave	747-4165	747-4175
Backyard Contractors Ltd.	201	Commonwealth Ave	747-2280	747-7280
Lagreeco Concrete Finish	201	Commonwealth Ave	364-5146	364-5186
Coffee Matters	253	Commonwealth Ave	221-7700	
North Atlantic Petroleum (Orange Store) Ltd.	253	Commonwealth Ave	747-6999	747-6999
Coastal Marine Limited	5	Corey King Drive	747-0159	747-5910
Auto Parts Network (PartsUPick.com)	6	Corey King Drive	747-2000	747-2498
Fleetwood Motors	6	Corey King Drive	757-0284	
Wolseley Canada Inc.	9	Corey King Drive	754-4199	754-4714
Acklands Grainger Inc.	13	Corey King Drive	747-2515	747-2557
Atlantic Recreation Ltd.	17	Corey King Drive	739-6662	739-6664

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Atlas Structural Systems (Formerly Shamrock Truss)	20	Corey King Drive	747-2771	747-7725
MWG Newfoundland Ltd.	23	Corey King Drive	237-7435	237-7438
Superior Woodworking Ltd.	23	Corey King Drive	834-8240	745-4860
Steele Pre-Owned Cars	25	Corey King Drive	726-8288	726-7810
Flynn Canada Ltd.	26	Corey King Drive	739-9006	739-9007
Penney Pre-Owned Cars (Dan Penney Holdings)	27	Corey King Drive	726-8733	726-8734
Eastern Edge Credit Union	31	Corey King Drive	739-2920	739-3728
Parts for Trucks	4	Corisande Drive	722-4701	722-9708
Asco Canada Limited	10	Corisande Drive	748-7800	748-7816
AMI Offshore	12	Corisande Drive	748-7800	748-7813
Asco Canada Limited	12	Corisande Drive	748-7800	748-7816
AMI Offshore	14	Corisande Drive	748-7800	748-7813
Asco Canada Ltd.	14	Corisande Drive	748-7800	748-7816
One Subsea (Cameron Canada Corporation)	14	Corisande Drive	748-2600	748-2606
Watch Me Grow Family Day Home - HBB	16	Corte Real Place	237-6537	
Autism Smarts Inc. - HBB	23	Crocker Place	747-2851	
Bruce and da Boys - HBB	3	Croucher Crescent	745-8149	
A & W Restaurant (Commonwealth Ave Foods)	1	Cunard Place	368-5300	368-8323
Dental Crafts Ltd.	3	Cunard Place	747-6125	747-6126
Gingerbread House By Max	5	Cunard Place	747-2777	364-5104
Mount Pearl Dental Inc.	7	Cunard Place	364-3663	364-2987
Ready Errands - HBB			745-6531	
Hennebury Engineering Limited - HBB	13	Dalton Avenue	368-8100	
Mclsaac Health Systems Inc. (East Coast Kinetics) - HBB	20	Dalton Avenue	693-4579	738-3686
Newex Delivery Inc. - HBB	7	Darby Place	747-3239	774-8870
Atlantis Business Forms Ltd. - HBB	31	Diamond Place	364-9600	364-9610
Bellman's Industrial Supply	2	Dundee Avenue	748-3030	
Royal Building Solutions (Boncor Building Products Inc.)	10	Dundee Avenue	364-8900	364-8901
Atlantic Crane and Materials Handling	17	Dundee Avenue	745-8081	745-8082
Awnpar Sign Fabrication	17	Dundee Avenue	682-0189	
Dave Edison Agency Ltd. (DEAL)	17	Dundee Avenue	747-9008	747-9035

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Dave Pretty Agency	17	Dundee Avenue	743-5221	745-2537
Del Contracting Ltd.	17	Dundee Avenue	368-8800	747-1083
Holbrook Enterprises Inc.	17	Dundee Avenue	748-8498	
Kancote Enterprises Inc.	17	Dundee Avenue	364-2677	364-4779
Sperry Marine Canada	17	Dundee Avenue	576-6225	576-6209
Stacey Contracting	17	Dundee Avenue	368-4135	
SULIS Subsea Corporation (Go Beyond Consulting)	17	Dundee Avenue	745-5080	745-5080
Island Construction & Environmental Ltd.	18	Dundee Avenue	781-0280	781-0281
Mechano Construction	18	Dundee Avenue	781-0473	781-2710
National Energy Equipment Inc.	18	Dundee Avenue	747-0015	747-0222
PBS Services Ltd.	18	Dundee Avenue	747-4900	747-4948
Black & McDonald	19	Dundee Avenue	747-1406	747-1456
HSE Integrated Ltd.	21	Dundee Avenue	739-6490	368-6464
Trident Construction	21	Dundee Avenue	368-7331	368-8835
KayCan Ltd.	22	Dundee Avenue	368-8996	368-8841
Oceaneering Canada Limited	23	Dundee Avenue	570-7072	570-7063
Sea-Force Diving Inc. /Sea-Force Hyperbaric	24	Dundee Avenue	753-2021	753-2021
Atlantic Metal Coatings Ltd.	25	Dundee Avenue	364-7262	364-7261
Canadian Industrial Services (Atlantic Metal Coatings)	25	Dundee Avenue	364-7262	364-7261
NRG Electrical Ltd.	26	Dundee Avenue	237-4889	368-5342
Tri Star Mechanical	26	Dundee Avenue	747-5577	368-5342
Baker Hughes GE Company	27	Dundee Avenue	747-0240	747-0257
ProArc Fabricating Ltd.	28	Dundee Avenue	747-4774	747-5660
Heddle Marine Service (NL) Inc.	30	Dundee Avenue	747-9116	747-7618
Geo Glass & Aluminum Ltd.	32	Dundee Avenue	364-2806	364-6130
Baker Hughes GE Company	33	Dundee Avenue	748-4900	748-4932
Interex Systems Ltd.	34	Dundee Avenue	579-0027	579-0020
Emco Offshore/Westlund	36	Dundee Avenue	747-5454	747-1426
AGF Steel NL Inc. (Groupe AGF)	37	Dundee Avenue	383-9494	
Sansom Equipment Limited	38	Dundee Avenue	726-4344	726-4419
Dental Supplies Limited (Henry Schein)	40	Dundee Avenue	753-6552	753-3546

HBB = Home-Based Business

Business Name	#	Street Address	Phone Number	Fax Number
Challenger Construction Limited	41	Dundee Avenue	747-7010	747-7040
Nord Marine Services	42	Dundee Avenue	747-7733	747-7799
FMC Technologies - Subsea Services Canada	44	Dundee Avenue	752-6200	752-6201
SeaForce Diving	44	Dundee Avenue	753-2021	753-2035
Eassons Transport Ltd.	45	Dundee Avenue	368-8822	368-8836
FMC Technologies - Subsea Services Canada	46	Dundee Avenue	752-6200	752-6201
H.J. Bartlett Electric	51	Dundee Avenue	747-2204	747-2205
Viking Fire Protection Inc.	51	Dundee Avenue	747-2850	747-2847
Air Liquide Canada	52	Dundee Avenue	758-2765	758-2800
Atlantic ISO Audit - HBB	42	Dunluce Crescent	689-8659	364-6349
A New Beginning Home Support Agency	1	Dunn's Road	745-4365	745-1572
Canadian Union for Postal Workers (CUPW, Local 126)	1	Dunn's Road	745-6222	745-6225
Jasmine's Restaurant & Take-Out	1	Dunn's Road	368-1133	368-0766
Marie's Mini Mart (Kenny Enterprises)	1	Dunn's Road	368-4346	364-7713
NL Renovations - HBB			693-4041	773-7061
BMW Child Care - HBB	26	Easton Place	745-2818	
Powers Family Home Day Care - HBB	31	Easton Place	690-2678	
Little Darlings	2	Edinburgh Drive	747-2888	747-1842
Rosemore HomeCare	2	Edinburgh Drive	747-1707	747-1842
Commonwealth Chiropractic & Massage Therapy	4	Edinburgh Drive	368-8778	368-8799
Derma Envy Skin Care TM	4	Edinburgh Drive	221-7900	
New Dawn Percentage Realty Inc.	4	Edinburgh Drive	368-6607	368-6629
Needs Convenience (TRA NL Ltd.)	4	First Street	364-8564	
Robert's Barber Shop	4	First Street	368-9276	
First Street Dental	9	First Street	364-6185	364-6190
Cool Curling NL Distributors Inc. - HBB	36	First Street	765-7377	
Building Automation Specialist Ltd. - HBB	5	Fourth Street	364-8378	
TK Tax Services Inc. - HBB	60	Fourth Street	368-5676	368-3426
Eco Electric Ltd. - HBB	28	Frobisher Avenue	765-3465	
Lee Butler Painting Ltd. - HBB	74	Frontenac Avenue	364-2380	
Arizona Heat Tanning Salon	10	Gibson Drive	745-8266	

HBB = Home-Based Business

Business Name	#	Street Address	Phone Number	Fax Number
Pearlgate Medical Clinic	18	Gibson Drive	364-3909	364-3944
Shoppers Drug Mart	18	Gibson Drive	747-6700	747-8333
Bulk Barn	22	Gibson Drive	747-7171	747-7172
Pet Value Canada Inc.	22	Gibson Drive	745-7387	
Subway (FGI Group)	22	Gibson Drive	368-8292	
Smitty's Restaurant	26	Gibson Drive	368-8690	368-8693
TD Canada Trust	26	Gibson Drive	368-0129	368-0184
Square 1 Business Services - HBB	23	Gilham Crescent		
R & R Carpet Installation - HBB	7	Gillespie Place	747-5256	747-5260
McKesson Canada	5	Glencoe Drive	747-0075	747-1103
Oakland Enterprises Limited	5	Glencoe Drive	576-6488	576-6489
Pepsi-Co Foods Canada (Hostess Food Products)	5	Glencoe Drive	748-2075	368-2645
TNT Office Group	5	Glencoe Drive	576-5559	576-6008
AFA Forest Products Inc.	9	Glencoe Drive	368-6313	368-6324
Jumping Bean Coffee Inc. (Head Office)	9	Glencoe Drive	754-4538	754-4427
RJS Terminals	9	Glencoe Drive	364-4738	364-4750
Allied Label Ltd. (10961 Newfoundland Limited)	15	Glencoe Drive	747-9428	364-5457
Eastern Propane	15	Glencoe Drive	747-5501	
Hitech Communications Ltd.	15	Glencoe Drive	739-8300	739-8305
Quality Matters	15	Glencoe Drive	722-7860	
Stacey Agencies Ltd. (10961 Newfoundland Limited)	15	Glencoe Drive	364-7885	364-5457
Vallen Canada	15	Glencoe Drive	368-4656	368-4658
Event 3Sixty	20	Glencoe Drive	745-3363	745-6587
Pearl Springs (Pik-Fast Express Inc.)	20	Glencoe Drive	747-0999	364-4905
Pik-Fast Express Inc.	20	Glencoe Drive	745-5777	364-4905
Newterm Logistics	21	Glencoe Drive	747-6400	747-9465
Scotsburn Ice Cream (Agropur Co-Operative)	22	Glencoe Drive	747-5375	368-2656
Pioneer Enterprises Ltd. (Electric Motor & Pump)	26	Glencoe Drive	364-3581	364-7715
Corporate Concierge Services	27	Glencoe Drive	738-8971	
Atlantic Powertrain & Equipment Inc.	30	Glencoe Drive	747-2002	747-2006
Inmarsat Solutions (Canada) Inc.	34	Glencoe Drive	724-5400	748-4300

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Business Name	#	Street Address	Phone Number	Fax Number
Armour Transport Inc.	35	Glencoe Drive	747-2390	747-2391
The Bulb Man	50	Glencoe Drive	745-2852	744-1208
Ueushuk Fisheries	50	Glencoe Drive	368-0582	368-5821
F.J. Wadden & Sons Ltd.	51	Glencoe Drive	364-1444	364-7085
Energy Management Services Ltd.	54	Glencoe Drive	368-2088	368-2098
Strongco Equipment	54	Glencoe Drive	747-4026	747-4059
J & T Construction Ltd.	58	Glencoe Drive	364-6708	364-8444
Visions Employment	58	Glencoe Drive	364-4600	364-4700
Sobeys District Office (TRA Newfoundland Ltd.)	63	Glencoe Drive	748-8110	748-7075
TRA-Sobeys Newfoundland Ltd.	63	Glencoe Drive	748-7036	748-8168
Bell Aliant	68	Glencoe Drive	748-6620	
Bob LeDrew & Sons Inc.	78	Glencoe Drive	747-1140	747-1165
Day & Ross Inc.	79	Glencoe Drive	747-8120	368-0606
Ikea St. John's Collection Point	79	Glencoe Drive	1-866-866-4532	368-0606
Sameday Right-O-Way Courier	79	Glencoe Drive	747-8120	368-0606
NL Construction Safety Association	80	Glencoe Drive	739-7000	739-7001
Advanced Woodwork & Designs Ltd.	82	Glencoe Drive	745-9663	745-9615
Horizon Machining Inc.	82	Glencoe Drive	364-7900	364-7071
Sheehan's Holdings (Southern Shore Hydraulics Inc.)	84	Glencoe Drive	364-7651	364-7652
Southern Shore Hydraulics Inc.	84	Glencoe Drive	364-7651	364-7652
Blue Water Newfoundland Ltd./Blue Water Home Heat	85	Glencoe Drive	754-8900	754-8901
Hurricane Industrial Equipment	85	Glencoe Drive	746-2750	745-7443
O'Keefe Agencies	86	Glencoe Drive	747-0377	368-6626
Brinks Canada	88	Glencoe Drive	747-0288	747-2971
Electro Mechanical Services	92	Glencoe Drive	747-0187	368-1661
Hebert's Recycling Inc.	93	Glencoe Drive	747-4789	
Penav Company Limited	93	Glencoe Drive	747-2797	747-3167
Versacold Logistics (Services) Canada Inc.	96	Glencoe Drive	747-0665	368-8919
Steers Distribution Ltd.	97	Glencoe Drive	747-9360	747-9124
Canadian Linen & Uniform Service	103	Glencoe Drive	745-7580	745-7582
Carlson Stanley Ltd.	110	Glencoe Drive	368-2957	368-4557

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Business Name	#	Street Address	Phone Number	Fax Number
All Canada Cranes & Aerials	111	Glencoe Drive	747-0306	747-0268
Jardine Transport	111	Glencoe Drive	237-2401	237-2407
Oceanside Equipment Newfoundland Limited	111	Glencoe Drive	745-5380	745-3401
Emberley's Transport	114	Glencoe Drive	368-7162	368-5455
Over Cs Machining & Manufacturing	115	Glencoe Drive	745-0052	745-2422
Miller Tire Craft	116	Glencoe Drive	221-7733	221-7736
SME Limited (Campbell Meat Market)	116	Glencoe Drive	747-0017	747-5006
Ultramar Truck Stop (Parkland Fuel Corporation)	116	Glencoe Drive	747-2433	
Genoa Design International Ltd.	117	Glencoe Drive	368-0669	
Dept. of Fisheries & Oceans (Federal)	121	Glencoe Drive	772-2985	772-2746
Cohen's Home Furnishings	124	Glencoe Drive	570-5839	722-6832
Atlantic Spirits & Wines Limited	126	Glencoe Drive	570-5823	722-9408
Bell Logistics	126	Glencoe Drive	570-5839	722-6832
Charles R. Bell Limited	126	Glencoe Drive	570-5816	739-6632
Coast Broadcasting	126	Glencoe Drive	570-5823	722-9408
K&D Pratt Group Inc.	126	Glencoe Drive	722-5690	722-6975
New Found Brokerage & Distributors (Regal Confect)	126	Glencoe Drive	747-9171	747-9175
Newfoundland and Labrador Employers Council	129	Glencoe Drive	368-6532	368-6543
Window Shop Inc., The	129	Glencoe Drive	364-6464	364-6444
Canada Revenue Agency	132	Glencoe Drive	772-5233	
Atlantic Oilfield Service Centre Inc. (Pipe Yard)	135	Glencoe Drive	576-3999	
Madsen Construction Equipment (Terra Nova Tractor)	141	Glencoe Drive	747-7841	747-7847
Madsen Diesel & Turbine (Formerly Diesel Injection)	141	Glencoe Drive	726-6774	726-6701
Madsen Power Systems (Viking Power Systems)	141	Glencoe Drive	747-7090	747-7093
Rolls-Royce Canada Ltd.	142	Glencoe Drive	748-7650	364-3054
Coastal Door & Frame Inc.	146	Glencoe Drive	753-0761	753-0762
Gas Tops Ltd.	146	Glencoe Drive	748-2677	748-8771
Troy Life & Fire Safety Ltd.	150	Glencoe Drive	753-6674	753-2254
K C Industries	152	Glencoe Drive	747-0990	
Phoenix Transportation & Logistics Inc.	152	Glencoe Drive	747-5995	368-6273
ProTek Industries Ltd.	152	Glencoe Drive	747-0990	368-6273

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Business Name	#	Street Address	Phone Number	Fax Number
Bird Stairs Ltd.	153	Glencoe Drive	747-0040	747-0051
Distribution Now	153	Glencoe Drive	747-6626	747-6635
Tyco Integrated Fire & Security (Johnson Controls)	153	Glencoe Drive	745-6666	745-5669
Atlantic Cold Seafoods	157	Glencoe Drive	368-9953	368-9952
Fit Industrial	157	Glencoe Drive	325-0176	368-9952
Xylem Water Solutions Canada	157	Glencoe Drive	722-6717	722-9832
Leaman Signs (Engraveable Designs Inc.)	158	Glencoe Drive	753-7545	
Welltec Canada Inc.	158	Glencoe Drive	765-4137	765-4137
Association of Engineering Technicians & Technologists of NL	161	Glencoe Drive	747-2868	747-2869
IPS Metal Inc.	161	Glencoe Drive	745-1998	
PW Windows, Doors Hardware	161	Glencoe Drive	747-5901	747-5900
Ranger Enterprises & Excavation Ltd.	161	Glencoe Drive	728-4581	834-8264
Reefer Repair Services Ltd.	164	Glencoe Drive	747-3810	364-3134
Reefer Repair Services Ltd.	172	Glencoe Drive	364-8251	747-3820
Hercules SLR/Stellar Industrial	173	Glencoe Drive	747-7960	747-7964
Stellar Industrial Sales Ltd.	173	Glencoe Drive	747-1112	747-1149
Hot Tub Pros	189	Glencoe Drive	364-8827	364-3565
Midland Courier	200	Glencoe Drive	747-9119	747-4318
Midland Transport	200	Glencoe Drive	747-9096	747-0260
Serenity Home Care	2	Glendale Avenue	364-9688	364-9690
Organizing Pros - HBB	17	Goldeneye Place	747-9190	
SMD Design Solutions Inc. - HBB	44	Goldeneye Place	743-5701	
Knights of Columbus	7	Greenwood Crescent	781-6638	
Riverwalk Hotel and Suites (Greenwood Lodge)	53	Greenwood Crescent	364-5300	364-1204
Carl's One Stop Service Inc. - HBB	58	Gushue Avenue	364-1291	
DOSNL Consulting Ltd. - HBB	5	Hagan Place	727-1614	
On-Site Auto Glass Inc. - HBB	4	Hagen Place	691-2569	745-6218
Gloria Pearson Community Centre	25	Holden Street	748-3775	
Barbour's Convenience Store	54	Holden Street	745-4455	
Lawton's Drugs	1	Home Street	738-0251	738-0157

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Business Name	#	Street Address	Phone Number	Fax Number
Newtown Elementary	25	Jackman Drive	368-0116	368-0605
WGW Productions Inc. - HBB	10	Jersey Avenue	747-5474	
Marilyn Vivian Child Care - HBB	25	Jersey Avenue	364-2625	
Stay 'n Play Child Care - HBB	4	Kean Place	237-2831	
Avalon Ford Sales Limited (Wilkins Automobile Investments)	621	Kenmount Road	754-7500	754-7530
Morris Foods Ltd.	2	Kyle Avenue	364-6200	364-6220
MVT Canadian Bus Inc. (Go Bus)	5	Kyle Avenue	368-8887	368-1943
Bruce Enterprises Ltd.	6	Kyle Avenue	739-1871	739-1875
Iron Workers Local 764	7	Kyle Avenue	747-2158	747-1042
Newfoundland Marine Safety Systems	8	Kyle Avenue	747-2175	747-2176
Island Furniture	11	Kyle Avenue	579-4058	579-9904
Atlantic Propeller Repairs Ltd.	12	Kyle Avenue	747-9200	747-9240
North Atlantic Lining Ltd.	12	Kyle Avenue	579-3252	
Shoreline Lubricants & Industrial Supply (Formerly Atlantic Oilfield)	15	Kyle Avenue	745-7545	745-7548
Baker Hughes Upstream Chem.	16	Kyle Avenue	748-4900	748-4910
Atlantic Industrial & Marine Supplies Ltd.	17	Kyle Avenue	368-2467	747-1030
Trimac Transportation & National Tank Services	19	Kyle Avenue	368-8314	368-0508
B.J. Process & Pipeline Services Division	20	Kyle Avenue	748-4900	747-0897
North Atlantic Refining Limited	23	Kyle Avenue	747-0562	747-0434
Billard's Trucking Ltd.	24	Kyle Avenue	368-2211	368-6663
East Coast Mobile Medical	26	Kyle Avenue	745-5070	
Riverbend Freight Services	26	Kyle Avenue	368-1773	368-1778
Pardy's Waste Management	30	Kyle Avenue	368-4350	747-0394
Ron Evans Trucking Limited - HBB	17	Lauman Place	364-1273	
CWS Management & Consulting Inc. - HBB	9	Laval Place	364-3371	364-8029
Family Child Care - HBB	1	Leger Crescent	747-3701	
Tobin's Auto Sales & Service	4	Lintrose Place	745-4788	745-8961
Atlantic Trailer & Equipment Repair	8	Lintrose Place	745-3260	745-3936
Chandler (Specialty Apparel)	10	Lintrose Place	364-3004	364-3793
Signature Kitchens & Bath	11	Lintrose Place	368-8600	368-8604
Urban Flooring Contractors Ltd.	12	Lintrose Place	368-8334	368-2806

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Business Name	#	Street Address	Phone Number	Fax Number
C & W Offshore Ltd.	16	Lintrose Place	368-4300	368-4301
Plan Tech Environment - HBB	8	Massey Crescent	364-3212	364-3212
Paul Williams Inspections Ltd. (Williams Energy Solutions) - HBB	28	Massey Crescent	747-2820	
Jefozzle Holdings - HBB	8	Medley Place	364-3119	689-1657
Tammy's Family Home Child Care - HBB	9	Medley Place	364-3718	
Tim Hortons (Sunrise Ventures)	5	Merchant Drive	747-8467	368-6783
Canadian Tire Gas Bar & Car Wash	8	Merchant Drive	368-6980	368-6980
Easy Home	10	Merchant Drive	745-1725	745-1755
EB Games	10	Merchant Drive	368-3166	
Booster Juice	12	Merchant Drive	368-7996	368-7993
Goodlife Fitness	12	Merchant Drive	368-8347	368-8409
Nulmage	12	Merchant Drive	368-7914	
Proactive Physiotherapy	12	Merchant Drive	745-7762	745-7771
Pizza Delight (Mount Pearl Pizza)	15	Merchant Drive	745-7044	739-7045
The Source	15	Merchant Drive	745-6700	
Bogart's Jewellers	21	Merchant Drive	757-4653	757-4674
Hallmark	21	Merchant Drive	747-3338	747-3145
Mark's Work Wearhouse	21	Merchant Drive	368-9677	368-9682
Pennington's	21	Merchant Drive	747-5709	
Reitmans	21	Merchant Drive	747-5003	
Canadian Tire	26	Merchant Drive	364-5880	364-2088
McDonald's Restaurants	60	Merchant Drive	745-3750	
One Hour Photo	60	Merchant Drive	364-4214	364-4389
Picture Me Perfect Portrait Studio	60	Merchant Drive	364-6477	
Smart Style	60	Merchant Drive	364-6892	
Wal-Mart Canada Inc.	60	Merchant Drive	364-4214	364-4389
Print Shop Limited	1	Moffatt Road	368-2561	368-3300
CAPSC - Safety Services Newfoundland & Labrador	3	Moffatt Road	754-0210	754-0010
East Coast Conditioning	3	Moffatt Road	579-6001	739-0912
Take Note Music School Ltd.	3	Moffatt Road	747-0672	
Marie's Mini Mart (Kenny Enterprises)	1	Moores Drive	368-6632	

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Business Name	#	Street Address	Phone Number	Fax Number
Butler Framing and Gallery Inc	2	Moores Drive	364-1727	
Columbus Centre	25	Moores Drive	368-9133	
Build Ur Basket - HBB	60	Mortimore Drive	368-4326	
Classic Car Sales	5	Mt. Carson Avenue	722-1777	
Association of Allied Health Professionals	6	Mt. Carson Avenue	722-3353	722-0987
Barrett's Financial Services	6	Mt. Carson Avenue	781-0575	781-6669
Canada Mortgage & Housing Corporation	6	Mt. Carson Avenue	772-2403	772-2403
Farm Credit Canada	6	Mt. Carson Avenue	772-4635	772-4482
MMSB (Multi-Materials Stewardship Board)	6	Mt. Carson Avenue	753-0948	753-0974
Peter D. Collens, C.A., CFP	6	Mt. Carson Avenue	745-8809	745-8799
Thomas J. Power Financial Services	6	Mt. Carson Avenue	781-0577	781-0719
William S. Kennedy Law Office	6	Mt. Carson Avenue	747-9613	747-9723
Workplace Health, Safety & Compensation Review Division	6	Mt. Carson Avenue	729-5542	729-6956
Hillcrest Estates (Mt. Carson Manor Inc.)	16	Mt. Carson Avenue	364-7077	364-7022
Free Masons Hall	115	Mt. Carson Avenue	368-7494	368-7420
Paul J. Martin Consulting Ltd. - HBB	9	Mt. Carson Place	747-0001	
St. Peter's Junior High	100	Munden Drive	368-0189	368-4806
G.M. Contracting - HBB	8	Municipal Avenue	368-7403	368-7403
Javelin Publishing - HBB	19	Municipal Avenue	745-3780	745-3780
SGC Offshore Consulting - HBB	13	Murley Drive	730-2144	730-2144
Lorne Pike & Associates - HBB	25	Murley Drive	747-7453	747-7454
Technical Fabrication Services Inc. - HBB	69	Murley Drive	782-0764	
Hawk Duplicating Ltd. - HBB	17	Norma's Avenue	368-3235	368-7289
Oceanex	1	Old Placentia Road	758-1422	722-6250
Eastern Canada Response Corporation	3	Old Placentia Road	364-6600	364-9030
Mount Pearl Green Depot (Scotia Recycling)	5	Old Placentia Road	368-7466	579-1255
Sysco Food Service of St. John's	10	Old Placentia Road	748-1200	748-1246
Vision Packaging Supplies Ltd.	13	Old Placentia Road	745-6886	745-6888
The Toy Box	15	Old Placentia Road	726-6500	726-8853
Century 2K Cabling Systems Inc.	19	Old Placentia Road	747-8501	747-8502
CMT Inc.	19	Old Placentia Road	747-1444	747-1430

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Business Name	#	Street Address	Phone Number	Fax Number
Pinnacle Agencies Ltd. (Arrow Construction)	19	Old Placentia Road	745-2005	745-2008
Clarke Road Transport Inc.	20	Old Placentia Road	747-6363	747-5122
Clarke Road Transport Inc. Flat Bed Division	20	Old Placentia Road	747-6363	747-6365
Clarke Transport	20	Old Placentia Road	747-5822	747-1272
Final Mile (Division of TransForce)	20	Old Placentia Road	576-1403	576-8110
ICS Courier (Division of TransForce)	20	Old Placentia Road	753-0966	754-7484
Campia Gymnastics Club Inc.	21	Old Placentia Road	368-5867	368-5871
Service Master (67157 Newfoundland Inc.)	24	Old Placentia Road	726-6773	368-1723
Irving Energy	26	Old Placentia Road	758-3090	758-3117
Petroleum Measurement Integrators Ltd.	26	Old Placentia Road	747-1115	747-1150
Provall Parts Ltd.	26	Old Placentia Road	728-3666	728-2769
LeGrow's Travel Agency (Maritime Travel)	50	Old Placentia Road	758-6730	364-4202
Newfoundland Liquor Corporation	50	Old Placentia Road	724-1610	368-3894
Sobeys Limited	50	Old Placentia Road	745-8500	745-8541
Kent Home Improvement Warehouse	60	Old Placentia Road	748-3500	748-3600
Ultramar - Triple 'C' Car Wash (Tymes Square Limited)	66	Old Placentia Road	368-9274	368-9211
Tim Hortons (Sunrise Ventures)	70	Old Placentia Road	364-8467	368-8466
Wendy's Restaurant (WIK Enterprises)	70	Old Placentia Road	747-1893	747-1894
Acropolis Pizza	74	Old Placentia Road	745-2002	
Avalon Podiatry	74	Old Placentia Road	368-3368	739-4214
Beauty Nails	74	Old Placentia Road	747-5699	
Burrito Jax (333 Food Inc.)	74	Old Placentia Road	221-9333	
Dunne & Baker Law	74	Old Placentia Road	364-2006	364-2041
First Choice Haircutters	74	Old Placentia Road	747-5388	747-2677
Menchie's Frozen Yogurt (BKG Yogurt Inc.)	74	Old Placentia Road	748-2209	
Music Collection & Dance Corner (The)	74	Old Placentia Road	368-0789	368-0789
Revolutions Dance Inc.	74	Old Placentia Road	747-1111	
Scotiabank ATM Room	74	Old Placentia Road		
Stuff-It Pita (Azmy Enterprises Inc.)	74	Old Placentia Road	749-4546	
Tol's Time Out Lounge	74	Old Placentia Road	745-8657	745-3411
Y & T Full House Inc.	74	Old Placentia Road	749-3390	

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Business Name	#	Street Address	Phone Number	Fax Number
Dominion Pearlgate Market (Loblaws)	150	Old Placentia Road	576-1263	576-1769
Drycleaner, The	150	Old Placentia Road	576-1985	
Newfoundland Liquor Corporation	150	Old Placentia Road	724-1210	724-1213
President's Choice Financial (CIBC)	150	Old Placentia Road	576-8924	576-7509
Primacy Medical Centre	150	Old Placentia Road	368-8883	368-8897
Carlson-Wagonlit Travel/Harvey's Travel	160	Old Placentia Road	747-5018	747-5042
Cavedog Supplements	160	Old Placentia Road	364-4602	
Chatters Beauty Salon	160	Old Placentia Road	747-4848	747-6981
Magicuts	160	Old Placentia Road	364-1450	
Only Deals	160	Old Placentia Road	364-8555	364-8559
Staples Business Depot	160	Old Placentia Road	747-7500	747-7676
Sugar Mama's Bakery	160	Old Placentia Road	364-2253	
Swiss Chalet Rotisserie & Grill	160	Old Placentia Road	745-6637	
The Shoe Company (Town Shoes Limited)	160	Old Placentia Road	748-2653	
West Side Charlies (10568 NF Ltd.)	160	Old Placentia Road	747-9378	
CIBC	164	Old Placentia Road	576-8904	
Wade Abbott Dentistry	291	Old Placentia Road	745-9233	745-8832
Admiralty House Communications Museum	365	Old Placentia Road	748-1124	
Mount Pearl-Paradise Chamber of Commerce	365	Old Placentia Road	364-8513	364-8500
Max Athletics (City Stars Holdings)	1	Olympic Drive	733-7330	364-4111
Max Preschool (City Stars Holdings)	1	Olympic Drive	733-7330	576-6327
Sunrise Ventures Inc. (Tim Hortons)	2	Olympic Drive	368-6782	368-6783
The Bigs Ultimate Sports Bar and Grill (Cater 2U Limited)	2	Olympic Drive	364-4470	364-4460
Genoa Design International Ltd.	4	Olympic Drive	368-0669	368-0706
Regional Fire Department	4	Olympic Drive	758-3246	576-8006
Royal Lepage Vision Realty Inc.	4	Olympic Drive	747-4701	
Mount Pearl Figure Skating Club	45	Olympic Drive	730-6772	
Mount Pearl Glacier	45	Olympic Drive	748-1100	748-1105
Mount Pearl Minor Hockey Association	45	Olympic Drive	364-5352	364-5995
Mount Pearl Sport Alliance	45	Olympic Drive	748-6489	748-6499
Ross King Memorial Library	65	Olympic Drive	368-3603	368-0758

HBB = Home-Based Business

Business Name	#	Street Address	Phone Number	Fax Number
Ed Loveless Contracting Ltd. - HBB	1	Opal Place	691-4234	
Bernie's Driver Training - HBB	9	Orchard Avenue	364-2841	
Amperage Appliance Ltd. - HBB	10	Orchard Avenue	693-0633	
Wajax Equipment	1	Panther Place	747-7223	747-7226
Wajax Power Systems	1	Panther Place	747-7341	747-8752
Schlumberger Canada Limited	2	Panther Place	748-7900	748-8220
Rockwater Professional Products (Bilroc Industrial)	5	Panther Place	745-7625	745-8228
Schlumberger Canada Limited	7	Panther Place	748-7900	748-8200
Schlumberger Canada Limited	8	Panther Place	748-7900	748-8220
Atlantic Star Satellite Network	10	Panther Place	747-0082	
Drycore Eastern Inc.	10	Panther Place	728-8064	722-8163
Engineered Pipe Group	10	Panther Place	727-7178	727-7178
Pumps Plus	10	Panther Place	728-9774	738-0863
Russel Metals Inc.	11	Panther Place	364-3300	364-3301
Avalon Controls Ltd.	12	Panther Place	364-5111	364-6616
Halliburton Group Canada	16	Panther Place	724-4300	724-4310
Hotel Mount Pearl (Browne's Holdings Limited)	7	Park Avenue	364-7725	364-8105
Traditional Coffee House and Restaurant	7	Park Avenue	368-8254	
The Tree House - Executive Suites - HBB	12	Park Avenue	689-4728	237-2455
Mount Pearl Seniors Independence Club	61	Park Avenue	748-6485	368-6059
Park Place Community Centre	61	Park Avenue	748-1190	
Skipper's Seafood Shop	64	Park Avenue	747-3474	747-4077
Parkdale Manor	65	Park Avenue	368-7782	
G&J Foods Inc	104	Park Avenue	364-1775	
Needs Convenience (TRA NL Ltd.)	104	Park Avenue	364-7121	
Sweet Newfie Kitchen	104	Park Avenue	368-8886	
Solid Rock Wesleyan Church	111	Park Avenue	747-3799	
East Coast Electrical (76330 NL Ltd.)	140	Park Avenue	691-7240	
Today's Jewellers	142	Park Avenue	364-5280	
Judy's on Park/Massage for Health	145	Park Avenue	368-9127	368-8459
Perfect Fit Tailoring	162	Park Avenue	364-4077	364-4077

HBB = Home-Based Business

Business Name	#	Street Address	Phone Number	Fax Number
Pearl House (Hillcrest Manor Limited)	163	Park Avenue	368-3850	368-5848
Morris Martin Moore Law Office	184	Park Avenue	747-0077	747-0104
Rainbow Day Care	188	Park Avenue	368-0224	368-5083
Park Avenue Pentecostal Church	195	Park Avenue	368-3777	368-0326
First United Church	221	Park Avenue	368-2194	368-2195
Sunrise Animal Hospital	222	Park Avenue	368-7981	368-4720
Milestones Early Learning Centre	228	Park Avenue	738-7105	368-0133
W. Les Thistle Law Office	229	Park Avenue	364-5535	364-5534
Int'l Brotherhood of Electrical Workers (IBEW) Local 1615	230	Park Avenue	364-4401	364-7108
Bridge Communications	236	Park Avenue	722-4144	
Rock Athletics (Wiseman's Martial Arts)	236	Park Avenue	364-4757	
Mount Pearl Esso (Cape D'Or Holdings)	249	Park Avenue	364-7266	368-6810
Tim Hortons (Sunrise Ventures)	249	Park Avenue	368-7124	368-6783
Apricity Tan & Beauty Bar	250	Park Avenue	745-3610	
Canada Car Care	250	Park Avenue	745-6111	745-6114
A Cut Above Painting & Plastering Inc. - HBB	14	Parsons Avenue	368-3064	691-6269
KANS Consulting and Inspection Services Inc. - HBB	2	Peckford Place	730-3565	
Megan Conway Interior Decorating Consultant - HBB	34	Pembury Close	697-9335	
ZAR Contracting Inc. - HBB	8	Pittman Place	368-3385	
Mes Amis Preschool & Day Care - HBB	13	Pleasant Avenue	364-2647	364-4925
First Class Cleaning - HBB	61	Pollux Drive	690-0899	
Ken Green Framing - HBB	11	Princeton Crescent	368-0566	368-0566
Strategic Growth Consultants - HBB	15	Relay Road	745-2728	745-2729
Family Child Care - HBB	21	Relay Road	364-8661	
Church of the Good Shepherd	111	Richard Nolan Drive	747-1022	
Stembridge Consulting Services Inc. - HBB	4	Rideau Place	730-3006	
Alcolock (Guardian Interlock Services (Canada) Ltd.)	1	Riverview Avenue	877-658-6374	
Bob's Fender Shop	5	Riverview Avenue	368-7038	
Trick-O-Matic	7	Riverview Avenue	364-1780	364-2193
Mechano Construction	9	Riverview Avenue	781-0473	
Litus Services Limited - HBB	9	Rodes Place	368-2309	

HBB = Home-Based Business

Business Name	#	Street Address	Phone Number	Fax Number
East Coast Locksmiths Ltd. - HBB	24	Roosevelt Avenue	351-0949	
Morris Academy	52	Roosevelt Avenue	368-2121	368-0204
Ashford Sales Ltd.	2	Ruth Avenue	368-8061	368-4670
Mount Pearl Junior High School	46	Ruth Avenue	364-1433	364-1871
Mount Pearl Senior High School	56	Ruth Avenue	364-8456	364-7744
Dog's Rugby Football Club	155	Ruth Avenue	753-6800	
O'Donel High School	155	Ruth Avenue	364-5305	364-5317
Active Fibreglass	9	Sagona Avenue	747-2565	747-3048
East Coast Hydraulics	9	Sagona Avenue	747-2121	747-2262
GFI Composites Ltd.	9	Sagona Avenue	700-0432	747-3048
NewFound Truck Accessories (Division of GFI Composites)	9	Sagona Avenue	237-3316	747-3048
Western Hydraulic 2000 Ltd.	10	Sagona Avenue	368-7800	368-7811
O.K. Tire Store (OMB Parts & Industrial)	13	Sagona Avenue	745-1248	745-1250
Pro-Dive Marine Services	17	Sagona Avenue	368-7666	368-8501
Island Propane LTD (50765 NL Ltd.)	19	Sagona Avenue	368-4820	368-4823
New Lab Oxygen Limited	19	Sagona Avenue	364-4818	364-4823
Capital Crane Ltd.	20	Sagona Avenue	748-8888	748-8900
Capital Springs Ltd.	20	Sagona Avenue	748-3400	748-8900
New Glass Ltd. (Northfield Glass Group)	21	Sagona Avenue	364-4527	364-4500
Sunserve Windows and Doors	21	Sagona Avenue	364-5466	364-2560
Thomas Economy Glass (Northfield Glass)	21	Sagona Avenue	722-0234	722-1668
EXP Services Inc.	22	Sagona Avenue	368-8618	368-8860
Impact Signs Mount Pearl (R.W. Parrott Signs)	22	Sagona Avenue	364-8624	364-8655
Outdoor Pros (OP Fibreglass & Marine Equipment)	22	Sagona Avenue	747-3745	747-3977
Tempo Construction Management Inc. (TKN Investments)	22	Sagona Avenue	368-0611	368-4412
3 Points Aviation	27	Sagona Avenue	747-6034	
School Milk Foundation of Nfld. & Labrador	27	Sagona Avenue	364-2776	364-8364
Wartsila Canada Inc.	27	Sagona Avenue	747-4600	747-4486
Royal Freightliner	28	Sagona Avenue	748-2182	748-2189
Capital Fleet Repair & Collision Centre Inc.	30	Sagona Avenue	747-4979	747-4338
United Rentals of Canada, Inc.	31	Sagona Avenue	368-7368	748-3302

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Business Name	#	Street Address	Phone Number	Fax Number
Iron Workers Local 746	38	Sagona Avenue	747-2111	747-2775
Englobe Corp (LVM/Maritime Testing)	39	Sagona Avenue	576-8148	576-3713
Andrews Auto Care	41	Sagona Avenue	726-7326	726-2985
Driven Powersports (63215 NL & Lab)	41	Sagona Avenue	745-4232	
Extreme Window & Entrance Systems	41	Sagona Avenue	364-6168	738-6083
Fastenal Canada Co.	41	Sagona Avenue	747-5969	747-5968
Canwel Building Materials	42	Sagona Avenue	745-6760	745-6765
D.W. Mechanical	43	Sagona Avenue	747-1899	747-8445
Mikan Inc.	43	Sagona Avenue	364-6619	364-3501
Sleipnir Logistics Inc.	43	Sagona Avenue	753-8555	753-6961
Iron Mountain Canada Corporation	45	Sagona Avenue	747-4766	747-4088
Horizon Laminates	47	Sagona Avenue	364-0003	364-2773
United Association of Journeymen Training Centre	48	Sagona Avenue	747-5947	747-4276
United Association of Plumbers & Pipefitters Local 740	48	Sagona Avenue	747-2249	747-0364
Economy Drywall Supplies (CNG Limited)	50	Sagona Avenue	364-9785	364-5414
Altimax Courier	51	Sagona Avenue	747-7047	747-7048
Arrow Games Corp.	51	Sagona Avenue	368-4324	368-4315
Coca-Cola Refreshments Canada Company	51	Sagona Avenue	576-1670	576-1740
Interstate Batteries Atlantic Canada	51	Sagona Avenue	747-1795	747-1796
Marine Industrial Lighting Systems Ltd.	51	Sagona Avenue	747-5504	747-5505
TTL Supply	51	Sagona Avenue	579-2801	579-9771
Vipond Fire Protection Inc.	51	Sagona Avenue	364-2898	364-9020
Top-Tier Custom Cakes - HBB	10	Sauve Street	748-5083	
Home Maid Cleaning Services Inc. - HBB	26	Sauve Street	368-8821	
J&R Fuels - HBB	59	Sauve Street	746-3881	
Bluewater Property & Development Inc. - HBB	8	Second Street	689-2541	
Sarah Macfie's Family Home Day Care - HBB	31	Smallwood Drive	690-2678	
Little People's Workshop/Day Care (& Head Office) - HBB	56	Smallwood Drive	747-5494	747-5231
Church of the Ascension	60	Smallwood Drive	368-5693	
Larry's Tax Services (Lawrence Spurrell) - HBB	97	Smallwood Drive	368-3658	
Cranky Goat Entertainment Ltd. - HBB	135	Smallwood Drive	687-2714	

HBB = Home-Based Business

Business Name	#	Street Address	Phone Number	Fax Number
Of This Place (Subsidiary of Cranky Goat Entertainment) - HBB	135	Smallwood Drive	687-2714	
You Stand Corrected - HBB	135	Smallwood Drive	699-5371	
Service NL - Consumer Affairs Division	149	Smallwood Drive	729-3699	729-6998
Service NL - Engineering Services Division	149	Smallwood Drive	729-2747	729-2071
Service NL - Motor Registration Division	149	Smallwood Drive	729-2519	729-6955
Service NL - NL Statistics Agency	149	Smallwood Drive	729-2618	729-6998
Service NL - Vital Statistics Division	149	Smallwood Drive	729-3308	
Canadian Coast Guard Environmental Response	1	Southern Cross Road	772-5171	772-4066
Cahill Technical Services	2	Southern Cross Road	747-3800	747-4010
Cole International Inc.	2	Southern Cross Road	747-7227	747-7220
Eastern Valve & Control Specialties	2	Southern Cross Road	757-2730	757-2731
Magna Services Ltd.	2	Southern Cross Road	739-8900	726-9127
New Valve Services & Consulting Inc.	2	Southern Cross Road	747-4677	747-4604
Newfoundland Service Alliance	2	Southern Cross Road	726-9117	726-9127
Make Events Creative Planning Inc. - HBB	55	Spruce Avenue	747-0806	
Old Town Pizzeria	2	St. David's Avenue	364-7902	
Mount Pearl Medical Clinic	12	St. David's Avenue	368-8381	368-7210
Pearl Pharmachoice	12	St. David's Avenue	364-7822	364-7820
Royal Canadian Legion	26	St. David's Avenue	368-7648	
J & K Logistics Ltd. - HBB	3	Stojko Place	747-4479	
Wotojo Productions - HBB	14	Stonegate Crescent	689-1652	
Marijuana for Trauma (672800 Ltd.)	1	Sunrise Avenue	738-1954	738-4404
Foundations Enterprises Inc. - HBB	45	Sunrise Avenue	682-7531	368-3512
Hann Bilt Contracting - HBB	53	Sunrise Avenue	368-0359	745-4480
Ranmar Technical Services - HBB	2	Talon Place	364-4158	

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Business Name	#	Street Address	Phone Number	Fax Number
James J. Piccott Equipment Rentals - HBB	4	Teasdale Street	364-2015	
Eastern Siding Systems (Window World)	5	Thomas Byrne Drive	745-6262	745-5454
St. John Ambulance (St. John Council for NL Inc.)	8	Thomas Byrne Drive	726-4200	726-4117
Anchorage Contracting Ltd.	16	Thomas Byrne Drive	738-5611	738-5616
Moss Development Corporation	16	Thomas Byrne Drive	738-2018	738-7701
Newfoundland Electrical Ltd. (Anchorage Contracting Ltd.)	16	Thomas Byrne Drive	738-7700	738-7701
Newfoundland HVAC Limited (Anchorage Contracting Ltd.)	16	Thomas Byrne Drive	738-7700	738-7701
Trudell Medical Marketing Ltd. - HBB	7	Thomey Place	747-1891	747-5729
ABC Driver Training - HBB	5	Topaz Place	699-6671	
Muir's Marble Works (Howlett Monuments Inc.)	703	Topsail Road	368-5697	368-3318
Complete Transport Services (2004) Ltd.	705	Topsail Road	368-5894	368-9335
Discount Car & Truck Rental	709	Topsail Road	748-2104	748-2188
Dodge City - Royal Garage Limited	709	Topsail Road	748-2110	748-2108
Bell Aliant Flagship Centre	760	Topsail Road	739-3331	364-1043
Central Rehab Inc.	760	Topsail Road	747-5669	747-5668
Cineplex Cinema Mount Pearl	760	Topsail Road	364-8527	364-8529
Eastern Health	760	Topsail Road	752-4365	752-4579
Eastern Health Business Office	760	Topsail Road	752-4534	752-4179
Eastern Health Community Health	760	Topsail Road	752-4845	752-4930
Eastern Health Information Services & Infomatics	760	Topsail Road	752-3974	752-4189
Frosty's Lounge (Farwal Enterprises)	760	Topsail Road	364-1254	
H & R Block	760	Topsail Road	739-5041	
Liz's Eats and Treats Café	760	Topsail Road	368-8992	
Newfoundland Hearing Health Centre Ltd.	760	Topsail Road	745-5133	745-6629
Topsail Road Chiropractic Clinic	760	Topsail Road	747-4976	747-4545
Topsail Road Massage Therapy Clinic	760	Topsail Road	747-9505	747-0101
Mary, Queen of the World Church	775	Topsail Road	368-5371	368-5181
YMCA of Northeast Avalon Inc.	775	Topsail Road	754-2962	576-7763
Mary, Queen of the World School	785	Topsail Road	368-0710	368-2242
Action Laser Clinic	835	Topsail Road	738-8808	
Alzheimer Society	835	Topsail Road	576-0608	576-0798

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Business Name	#	Street Address	Phone Number	Fax Number
Auto Care (Jerome Terry's Auto Service)	835	Topsail Road	747-2407	221-4283
Core Elements Counselling	835	Topsail Road	743-3862	
Dr. Vinay Jerath Dental Office	835	Topsail Road	364-4281	364-4282
East Coast Upfitters	835	Topsail Road	351-6857	
Electric Beach Tanning Inc.	835	Topsail Road	364-4328	
Formal Alterations Plus	835	Topsail Road	689-8739	
GDI Integrated Facility Services (Canada) Ltd.	835	Topsail Road	722-2220	722-2266
Healing Within Massage Therapy Clinic	835	Topsail Road	745-4404	745-1497
Heroes and Hobbies	835	Topsail Road	764-4877	
Mount Pearl Wellness Centre	835	Topsail Road	364-7110	364-7201
Reid Music Limited & Yamaha Music School	835	Topsail Road	364-2233	364-2290
Rockwood Salon	835	Topsail Road	221-9050	
Royal LePage	835	Topsail Road	576-8888	579-3737
S G O Designer Glass Inc.	835	Topsail Road	747-7771	747-7773
Terry Fox Foundation	835	Topsail Road	576-8428	747-7277
Ross's Meineke Ltd. (Bralin Services)	847	Topsail Road	364-6643	754-4677
Mobile Trailer Repair Service	853	Topsail Road	368-3597	368-3928
Heritage Memorials	858	Topsail Road	747-2828	747-2909
Rideout's Body Shop	859	Topsail Road	368-2352	368-5900
Avalon Vapor	860	Topsail Road	888-975-4538	
Dr. J Cashin OD, Optometrist	860	Topsail Road	364-2165	364-1565
MNP Ltd. (Licensed Insolvency Trustees)	860	Topsail Road	383-1502	700-1820
National Diabetes Trust	860	Topsail Road	747-4590	747-4599
NL Eyewear Services Inc.	860	Topsail Road	364-8393	364-8395
Remax United	860	Topsail Road	364-8848	364-8915
Topsail Road Veterinary Clinic	860	Topsail Road	747-5353	747-5358
Veterinary Specialty Centre	860	Topsail Road	221-7838	221-7883
Ideal Storage Solutions	867	Topsail Road	689-8484	
Activate Therapy Centre	871	Topsail Road	221-5555	
London Offshore Consultants (Canada) Ltd.	871	Topsail Road	368-4478	368-5563
Perham Homes Ltd.	871	Topsail Road	747-2028	747-1455

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Business Name	#	Street Address	Phone Number	Fax Number
Primerica Financial Services Ltd. (Faye Allen/Shirley Cook)	871	Topsail Road	745-5011	
Randy Blundon Art Studio	871	Topsail Road	689-7284	
Smart Homes Security & Custom Audio	871	Topsail Road	722-5151	
Wallace Enterprises Inc.	871	Topsail Road	747-1118	
Cardinal Homes Ltd. (61272 Newfoundland Limited)	872	Topsail Road	364-8056	364-2161
Homelife Lifestyle Real Estate	874	Topsail Road	747-5500	747-5530
Newfoundland Power	877	Topsail Road	737-5600	737-5768
Active Health Chiropractic Clinic	878	Topsail Road	726-0595	726-0739
Amco Electric Ltd.	878	Topsail Road	368-2500	368-2504
BoxFit (Hayward's Boxing & Fitness Inc.)	878	Topsail Road	747-9450	747-9460
J.J.'s Service Centre Ltd.	880	Topsail Road	368-8051	368-0925
Tiffany's Loft Inc.	882	Topsail Road	745-4355	745-2380
Reddy Kilowatt Credit Union	885	Topsail Road	737-2918	737-2937
Signature Dental (Dr. Linda Blakely)	890	Topsail Road	747-7774	747-7781
Keith Tibbs Auto Sales	898	Topsail Road	745-2886	745-2986
A Little Magic	899	Topsail Road	745-0111	
Centsible Car Sales	909	Topsail Road	745-7477	
Tucker Acura	915	Topsail Road	364-2423	364-7211
Infiniti of Newfoundland (O'Neill Motors)	924	Topsail Road	368-6242	368-4904
Avis (Budget) Rent-a-Car	933	Topsail Road	778-2950	747-0716
Jaguar Land Rover Volvo of Nfld. (O'Neill Motors)	934	Topsail Road	368-7683	368-7066
O'Neill Motors	934	Topsail Road	368-6011	364-9204
Ever After Bridal Boutique	938	Topsail Road	364-3837	834-3400
O'Neill Motors - Pre-Owned Cars	944	Topsail Road	368-7678	368-7678
Steve's Shine Shop (O'Neill Motors)	944	Topsail Road	727-2057	
Eastern Health Paramedic & Medical Transport Supply Base	945	Topsail Road	777-5955	777-5956
Lucky's Restaurant	949	Topsail Road	368-5169	368-5857
Hickman Wholesale Direct	952	Topsail Road	579-7775	579-7779
Arctic Fishery Alliance	953	Topsail Road	579-3278	579-3304
Best Kind Buys	953	Topsail Road	771-1116	
Computer Liquidation Centre	953	Topsail Road	364-8341	364-8351

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Business Name	#	Street Address	Phone Number	Fax Number
E-Waste NL Electronics Recycling Limited	953	Topsail Road	689-7402	
J.T. Martin & Sons	953	Topsail Road	364-6983	745-5831
Centum (The Mortgage Place)	956	Topsail Road	770-1149	747-2478
Olivia's Bridal (Formal Sales & Rental)	958	Topsail Road	368-9643	368-1531
Clay Café Avalon	961	Topsail Road	745-2345	
Dr. Patrick McCarthy Professional Dental Corp.	961	Topsail Road	364-4414	364-7958
Metro Business Opportunities Corporation	961	Topsail Road	738-1626	576-3115
Redwood Construction Ltd. (Mill Shoppe & Wrench Pit)	961	Topsail Road	745-7888	745-7850
Redwood Management Limited	961	Topsail Road	745-7885	745-7850
Kirby Group of Companies	970	Topsail Road	726-0000	726-2200
The Tax Edge Ltd.	970	Topsail Road	726-0000	726-2200
Ever After Bridal Boutique	974	Topsail Road	364-3837	
Eastcom Inc.	978	Topsail Road	682-2355	737-0906
Micro-Tech Computer Centre	978	Topsail Road	368-6008	368-6042
Sign Factory	978	Topsail Road	368-7446	737-0900
Paint Shop	979	Topsail Road	364-1021	364-1059
Cowan's Optical	980	Topsail Road	364-3091	364-3021
Avalon Hydraulics (NL Hydraulics Ltd.)	984	Topsail Road	468-8075	745-6234
Speedy Auto Glass	984	Topsail Road	364-8600	364-8602
Young Drivers of Canada (Focus Driver Training)	984	Topsail Road	737-1695	737-1003
Dr. Mark Smith & Associates	985	Topsail Road	364-6565	
Vogue Optical	985	Topsail Road	364-8173	364-8199
Cable Lync	1004	Topsail Road	757-0422	757-0473
Chatter Box Preschool & Day Care	1010	Topsail Road	368-0496	368-0497
ACE Locksmithing	1012	Topsail Road	364-2400	
Expedia Cruise Shipcentres (660412 NB Inc.)	1012	Topsail Road	748-7447	748-2356
Leaps & Bounds Day Care Centre Ltd.	1016	Topsail Road	368-7300	
Family Memorials Ltd.	1020	Topsail Road	747-8383	747-8384
Needs Convenience (Sobeys Leased Properties)	1020	Topsail Road	364-1811	699-8563
Lemur Enterprises (Root Four Imagination Inc.)	1027	Topsail Road	690-1195	
Winsor Homes (5167 NL Ltd.)	1027	Topsail Road	368-0149	368-1050

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Business Name	#	Street Address	Phone Number	Fax Number
Derek Piccott Auto Sales	1030	Topsail Road	747-8914	747-8914
Wilds (The) Accounting Office	1033	Topsail Road	229-5444	
Winsor Coombs Chartered Professional Accountants	1033	Topsail Road	368-4565	368-5749
Colonial Auto Parts	1034	Topsail Road	364-7278	364-7299
Venture Vacuum & Fireplaces	1035	Topsail Road	722-2900	722-0803
Nelson Monuments	1036	Topsail Road	747-8550	747-8551
Heart & Stroke Foundation of NL	1037	Topsail Road	753-8521	753-3117
Spectrum Investigation & Security (Shannahan)	1038	Topsail Road	747-5026	747-5091
Seventh Day Adventist Church Administration	1041	Topsail Road	745-4051	745-1600
VOAR Christian Radio	1041	Topsail Road	745-8627	745-1600
Image Fusion Incorporated	1042	Topsail Road	745-6663	745-6668
Carnell's Funeral Home	1045	Topsail Road	747-7740	747-7787
Topsail Auto Plaza (Carl Nofle)	1052	Topsail Road	747-2886	747-2056
Atlantic Fireplaces (Atlantic Vacuum)	1053	Topsail Road	364-1378	364-3713
Osmond's Garage Ltd.	1056	Topsail Road	368-3438	
Minute Muffler & Brake	1059	Topsail Road	747-3480	747-3485
Cooperators Insurance (Andrew Winsor)	1062	Topsail Road	758-1250	368-3439
GRI Simulations Inc.	1062	Topsail Road	747-5599	747-8881
SPCA Thrift Store	1062	Topsail Road	699-8885	
Mount Pearl NAPA Auto Pro (63352 NL Corp)	1072	Topsail Road	722-2181	722-3646
Precision Engine & Customs Inc.	1073	Topsail Road	682-3322	
Browne's Auto Supplies Ltd.	1075	Topsail Road	364-9397	364-6497
Lester Lube Inc.	1078	Topsail Road	364-7142	364-4831
Canadian Hard of Hearing Association	1081	Topsail Road	753-3224	753-5640
Car Star Collision Centre	1085	Topsail Road	364-7777	364-2802
Outfitters Adventure Gear and Apparel	1089	Topsail Road	747-4661	
SNC Lavalin	1090	Topsail Road	368-0118	368-3541
Custom Automotive Ltd.	1094	Topsail Road	368-3111	368-3112
Supreme Auto Sales	1095	Topsail Road	747-5525	747-5580
Metro Self Storage Rentals (M&J Developments)	1111	Topsail Road	722-5656	
Riggs Auto Sales	1111	Topsail Road	763-2886	221-0994

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Business Name	#	Street Address	Phone Number	Fax Number
Co-Op Country Store (Eastern Farmers Co-Op)	1112	Topsail Road	368-4321	368-4915
Atlantic Home Furnishings & Flooring	1114	Topsail Road	782-0330	782-0178
GHD	1118	Topsail Road	364-5353	
Solace Power Inc.	1118	Topsail Road	745-6099	888-887-5441
Carmichael Engineering Ltd.	1122	Topsail Road	745-7378	745-7377
City Tire & Auto	1123	Topsail Road	364-6808	364-5839
Crocker Transport	1124	Topsail Road	701-2966	
MicMac Fire & Safety Source Ltd.	1124	Topsail Road	747-3099	747-3098
Grand & Toy	1126	Topsail Road	747-2700	747-2995
SNC Lavalin	1133	Topsail Road	368-0118	368-0158
Spartan Industrial Marine	1140	Topsail Road	722-4221	722-9736
Honda One	1141	Topsail Road	364-2325	364-7593
Dept. of Fisheries & Oceans (Federal)	1144	Topsail Road	772-2985	772-2746
Rexel Atlantic	1144	Topsail Road	747-5300	747-5878
UPS/SCS Logistics Group	1144	Topsail Road	747-8282	
NL Association of CBDC's	1147	Topsail Road	745-4406	745-4414
Pole Fitness NL (Ginger Root Salon)	1147	Topsail Road	693-9802	
Stability Osteopathy	1147	Topsail Road	749-1623	
The Boutique Salon	1147	Topsail Road	237-1888	
Youth Ventures	1147	Topsail Road	745-4414	
Community Food Sharing Association	1149	Topsail Road	747-0988	747-0988
Kanstor Inc.	1149	Topsail Road	364-4999	364-5116
Storm Brewing in NL Ltd.	1149	Topsail Road	738-7111	
Janes Auto Body Clinic Ltd.	1153	Topsail Road	368-3317	368-4940
All-Star Medical Ltd.	1154	Topsail Road	364-0016	221-7138
Argo Sales & Service	1154	Topsail Road	368-4750	368-4710
Tele Tech Canada	1154	Topsail Road	747-2200	747-2299
Triple E Auto Sales Ltd.	1161	Topsail Road	747-2148	747-2170
Atlantic Electronics limited	1164	Topsail Road	368-8853	368-6461
Can-Med Health Care	1164	Topsail Road	747-7878	747-7888
Shed City & Outdoor Living Ltd.	1164	Topsail Road	364-7433	364-7430

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Wajax Industrial Compounds	1164	Topsail Road	364-7959	364-9422
Noseworthy's Auto Detailing & Tint Ltd.	1165	Topsail Road	747-7887	747-7886
Ray's Custom Finish Ltd.	1165	Topsail Road	747-2444	747-4217
Altius Resources Inc.	1170	Topsail Road	754-0029	576-3441
Authentic Canadian Seafood	1170	Topsail Road	747-9988	747-3852
Data Wiring Solutions Inc.	1170	Topsail Road	747-2150	747-2185
Dept. of Advanced Education & Skills	1170	Topsail Road	729-0107	729-0736
FloTech Enterprises Ltd.	1170	Topsail Road	747-7310	747-7017
Image 4 Digital Printing & Design Inc.	1170	Topsail Road	747-3850	747-3852
Perfect Kinetics	1170	Topsail Road	699-0621	
Berg Water (2001 Investments Ltd.)	1171	Topsail Road	364-7524	364-8752
Window Land - Glacier Windows	1171	Topsail Road	364-1798	364-8752
Big Boys Toys	1173	Topsail Road	697-2453	745-5354
Finish Line Sales Co. Ltd.	1173	Topsail Road	745-5353	745-5354
Auto Trim Design (Mike Davis Signs)	1178	Topsail Road	364-2288	364-7620
Apple Auto Glass	1179	Topsail Road	745-2024	747-2061
Bridal Salon (The)	1179	Topsail Road	722-4803	722-4863
International Paints	1179	Topsail Road	368-4600	747-3759
BDI Canada Inc.	1199	Topsail Road	745-3800	745-3865
Canada Clean Glass	1199	Topsail Road	747-3700	747-3737
D.C. Alternators & Starters Ltd.	1199	Topsail Road	368-1884	368-6363
Walsh's Automotive	1199	Topsail Road	368-6300	368-6310
Car Tunes (65608 NL Ltd.)	1200	Topsail Road	738-8863	
W.D. Kenny Granite Company Inc. & Granite Transformations	1204	Topsail Road	364-1913	364-9751
Enterprise Rent -A -Car	1206	Topsail Road	739-6570	739-6580
Bubba's Tubs & Pools (Camery's Ventures Inc.)	1207	Topsail Road	579-7727	722-1336
Smith's Furniture & Appliances	1214	Topsail Road	364-2899	364-7659
Fun 'n Fast Ltd.	1221	Topsail Road	368-3637	368-7451
Automotive Supplies (1985) Ltd.	1222	Topsail Road	364-7505	364-7544
Transbec Auto Parts	1222	Topsail Road	747-7715	

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Fun'n'Fast	1225	Topsail Road	368-3637	368-7451
Cradea Manor Inc.	1234	Topsail Road	364-5265	
Coastal Outdoors Ltd.	1256	Topsail Road	747-0159	747-5910
Canada Tire Inc.	1269	Topsail Road	237-7351	237-7351
Furniture Market Pick-Up (Lane Home Furnishings)	1269	Topsail Road	579-1989	579-4416
Gforce Funderdome	1269	Topsail Road	368-4444	
Country Ribbon Inc.	1273	Topsail Road	368-3193	368-7994
First Choice Auto Glass	1277	Topsail Road	747-1400	781-0186
Goodyears Kempo Karate	1277	Topsail Road	746-6048	
Hot Spot Roofing	1277	Topsail Road	745-8585	238-0366
JDS Sales Ltd.	1277	Topsail Road	579-5771	
Miss Rachel's Music Corner	1277	Topsail Road		
Shyama Shoots Photography	1277	Topsail Road	771-3273	
Tire Mart (All Season Motorsports)	1277	Topsail Road	747-3591	747-3103
Wheel Tec/Tire Tec	1277	Topsail Road	746-8473	
Design Manufacturing Inc.	1279	Topsail Road	747-2220	747-2224
Saputo Dairy Products Canada	1279	Topsail Road	753-3943	753-8265
Crosstown Rentals (S&S Supply Ltd.)	1281	Topsail Road	747-5558	747-5569
City Tire & Auto	1	Trout Place	364-6809	364-7775
Terra Nova Trusses	3	Trout Place	364-1601	368-8357
City Tire & Auto	4	Trout Place	364-6809	364-6809
Beer Essentials Ltd. (LJP Holdings)	8	Trout Place	727-6821	
Canadian Storage Solutions (LJP Holdings)	8	Trout Place	727-6821	368-1787
Hearn Distributing (LJP Holdings)	8	Trout Place	368-1679	368-1787
Book Doctor - HBB	18	Valleyview Avenue	364-5136	
LDW Consulting - HBB	21	Victory Lane	368-0431	
Gerald Stowe Consulting - HBB	6	Wells Crescent	364-7158	
J.W. Consulting Associates - HBB	11	Wembley Crescent	747-8595	
Mount Pearl School of Martial Arts - HBB	13	Westminster Drive	368-8343	
Woody Island Resort - HBB	14	Westminster Drive	364-3701	745-4937
Theresa's Sealskin Crafts & Accessories - HBB	48	Wilson Crescent	747-5678	

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Max Sullivan Surveys Ltd. - HBB	17	Woodford Place	364-5155	737-0375
L.W. Consulting - HBB	36	Yetman Drive	747-9714	
Wee Gems Day Care - HBB	37	Yetman Drive	746-3874	