

# RECREATION SWIM SCHEDULE

January 5 – June 13, 2020 (Posted Jan 3)



MOUNT PEARL  
**summit**  
CENTRE



## MAIN POOL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 – 8:20am Lane/Leisure Swim	6:00 – 9:20am Adult Lane Swim	7:30 – 9:20am Adult Lane Swim	6:00 – 9:20am Adult Lane Swim	7:30 – 9:20am Adult Lane Swim	6:00 – 9:20am Adult Lane Swim	
10:45 – 11:45am Family Swim	9:30-10:20am Aqua Fit	9:30-10:20am Aqua Fit	9:30-10:20am Deep Water Fitness	9:30-10:20am Aqua Fit	9:30-10:20am Deep Water Fitness	9:30 – 10:20am Lane/Leisure Swim
	10:30-11:20am Gentle Aqua Fit		10:30-11:20am Gentle Aqua Fit			
	11:30am – 2:30pm Adult Lane Swim	11:30am – 2:30pm Adult Lane Swim	11:30am – 2:30pm Adult Lane Swim	11:30am – 2:30pm Adult Lane Swim	11:30am – 2:30pm Adult Lane Swim	10:30 -11:20am Family Swim
	Leisure/Lane 6:00 – 6:50pm				7:00-7:50pm Family Swim	4:00-5:15pm Public Swim
8:00-8:50pm Aqua Fit	8:30-9:20pm Aqua Fit	8:00-8:50pm Deep Water Fitness	8:00-8:50pm Aqua Fit	8:00-8:50pm Aqua Zumba	8:00-8:50pm Public Swim	
9:00 – 10:30pm Adult Lane Swim	9:30 – 10:30pm Adult Lane Swim		9:00 – 10:30pm Adult Lane Swim			

## LEISURE POOL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 – 8:20am Adult Swim	6:00 – 9:20am Adult Swim	6:00 – 9:20am Adult Swim	6:00 – 9:20am Adult Swim	6:00 – 9:20am Adult Swim	6:00 – 9:20am Adult Swim	9:30-10:20am Leisure/Lane
10:45 -11:45am Family Swim	9:30-10:20am Parent & Tot Swim	9:30-10:20am Parent & Tot Swim	9:30-10:20am Parent & Tot Swim	9:30-10:20am Parent & Tot Swim	9:30-10:20am Parent & Tot Swim	10:30-11:20am Family Swim
	11:30am – 1:30pm Adult Swim	11:30am – 1:30pm Adult Swim	11:30am – 1:30pm Adult Swim	11:30am – 1:30pm Adult Swim	11:30am – 1:30pm Adult Swim	
	1:30-2:30pm Parent & Tot Swim	1:30-2:30pm Parent & Tot Swim	1:30-2:30pm Parent & Tot Swim	1:30-2:30pm Parent & Tot Swim	1:30-2:30pm Parent & Tot Swim	4:00 - 5:15pm Public Swim
	Leisure/Lane 6:00 – 6:50pm		3:00-3:50pm Family Swim	3:00-3:50pm Family Swim		
6:45 – 7:45pm Family Swim			7:00-7:50pm Family Swim		7:00-7:50pm Family Swim	6:30-8:30pm Family Swim
8:00 – 10:30pm Adult Swim	8:30 – 10:30pm Adult Swim		8:00 – 10:30pm Adult Swim		8:00 – 8:50pm Public Swim	

### Swim Types

Leisure/Lane Swim:	Lane and Leisure Swimming (Both Pools, NO Slide or Splash Pad, Pool Sauna is Open)
Adult Lane Swim:	Adult Lane Swimming (Both Pools, NO Slide or Splash Pad, Pool Sauna Is Open)
Adult Swim:	Adult Swimming Only (Pool Sauna is Open)
Family Swim:	Adult must accompany child in the pool regardless of age (Leisure, Splash Pad, Slide)
Public Swim:	Open to all ages (Main & Leisure Pool, Splash Pad, Slide.)
Parent/Tot:	Leisure Pool – Tot must be 6 years old and under

### Cost

Child/Youth	\$3.50	Adult \$4.50	Adult 50+: \$3.50
		Adult \$4.50	Adult 50+: \$3.50
		Adult \$4.50	Adult 50+: \$3.50
Child/Youth	\$3.50	Adult \$4.50	Adult 50+: \$3.50
Child/Youth	\$3.50	Adult \$4.50	Adult 50+: \$3.50
Child/Guardian	\$4.75		

**\*Children 8 years & under must be accompanied in the pool by an adult during all swims\***