



Registration Dates:

Mount Pearl Residents – Tuesday, January 3rd at 5pm

Open – Thursday, January 5th at 5pm

Online Registration Only

www.mountpearl.ca/registration

Winter Session – 9 weeks

Sun: Jan 8 – Mar 12 (No class Feb 12)

Tue: Jan 10 – Mar 7

Wed: Jan 11 – Mar 8

Thu: Jan 12 – Mar 9

Fri: Jan 13 – Mar 10

Sat: Jan 14 – Mar 18 (No class Feb 11)

PRESCHOOL LESSONS

3 - 5 Years | \$67.50 | 30 min classes

Preschool 1:

Sun 11:45am/1:35pm/3:20pm

Tue 9:30am/10:00am/5:00pm

Wed 5:00pm

Thu 9:30am

Fri 4:30pm

Sat 11:45am/12:20pm/12:55pm/1:35pm/2:45pm

Preschool 2:

Sun 12:20pm/2:10pm/2:45pm

Tue 5:35pm

Wed 5:35pm

Thu 10:00am

Fri 4:30pm

Sat 11:45am/2:10pm

Preschool 3:

Sun 11:45am/1:35pm/3:20pm

Tue 6:10pm

Wed 6:10pm

Fri 5:05pm

Sat 12:55pm

Preschool 4:

Sun 12:55pm/2:10pm

Fri 5:40pm

Preschool 5:

Sun 2:45pm

Fri 6:15pm



SWIMMER

Group Lessons | 5-12 years

Swimmer 1

30 min | \$54

Sun	12:20pm/12:55pm
Tue	5:00pm
Wed	5:00pm/5:35pm
Fri	4:30pm/5:05pm
Sat	11:45am/12:55pm

Swimmer 2

30 min | \$54

Sun	12:20pm/12:55pm
Tue	5:00pm
Wed	5:00pm/5:35pm
Fri	4:30pm/5:05pm
Sat	11:45am/12:55pm

Swimmer 3

45 min | \$59.75

Sun	1:35pm
Tue	6:10pm
Fri	5:40pm
Sat	1:35pm

Swimmer 4

45 min | \$59.75

Sun	1:35pm/2:25pm
Tue	6:10pm
Fri	5:40pm
Sat	1:35pm

Swimmer 5

45 min | \$59.75

Sun	1:35pm/2:25pm
Tue	6:10pm
Fri	5:40pm
Sat	1:35pm



Swimmer 6

45 min | \$59.75

Sun	2:25pm
Fri	5:40pm
Sat	1:35pm

Swim Patrol Rookie

45 min | \$75

Sun	3:15pm
Wed	7:00pm
Sat	2:25pm

Swim Patrol Ranger

45 min | \$75

Sun	3:15pm
Wed	7:00pm
Sat	2:25pm

Swim Patrol Star

45 min | \$75

Sun	3:15pm
Wed	7:00pm
Sat	2:25pm

Swim Patrol Ranger/Rookie/Star (Combined)

45 min | \$75

Fri	5:40pm
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Swimmer 1 (Low Ratio)

30 min / \$78.75

Sun	12:55pm
Tue	5:35pm
Sat	12:20pm

Swimmer 2 (Low Ratio)

30 min / \$78.75

Sun	12:20pm/12:55pm
Tue	5:35pm
Sat	12:20pm

Swimmer 3 to 6 (Low Ratio)

30 min / \$90

Wed	6:10pm
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PRIVATE LESSONS

30 min / \$168.75

Tue	5:00pm/5:35pm/6:10pm
Wed	5:00pm/5:35pm
Thu	5:00pm/5:35pm
Fri	4:30pm/5:05pm

YOUTH LESSONS

Youth Beginner

Age 12-15 | 60 min | \$59.75

Sun	3:15pm
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Youth Fitness

Age 12-15 | 45 min | \$68.75

Wed	7:00pm
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ADULT LESSONS

Adult

45 min | \$68.75

Tue	7:00pm
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Adult Fitness

45 min | \$68.75

Tue	7:00pm
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PARENT AND TOT LESSONS

NOTE: One Adult MUST get in pool with child

3 Months – 2 Years | 30 min | \$49.50

Parent and Tot 1 (3 months – 12 months)

Sun	11:45am
Tue	9:30am/5:00pm
Wed	5:00pm
Thu	9:30am
Fri	5:05pm
Sat	11:45am/12:20pm/2:10pm

Parent and Tot 2 (1 years)

Sun	12:20pm/2:10pm/3:20pm
Tue	10:00am/5:35pm
Wed	5:35pm
Thu	10:00am
Fri	5:40pm
Sat	1:35pm/2:45pm

Parent and Tot 3 (2 years)

Sun	12:55pm/2:45pm
Tue	6:10pm
Wed	6:10pm
Fri	6:15pm
Sat	12:55pm/1:35pm

LIFESAVING COURSES

BRONZE STAR

Prerequisites: Swim Patrol Star or equivalent

\$148

Fri	5:40pm – 6:40pm
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BRONZE MEDALLION

Prerequisites: Minimum 13 years of age or Bronze Star certification (need not be current)

\$225

Wed	5:00 – 7:00pm
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LIFEGUARDING COURSES

BRONZE CROSS

Prerequisites: Bronze Medallion and Emergency or Standard First Aid (need not be current)

\$225

Tue 5:00 – 7:30pm

NATIONAL LIFEGUARD

Prerequisites: 15 years of age and Bronze Cross and Standard First Aid (need not be current)

\$290

Sun 11:30am – 4:30pm

Jan 15 – Mar 12

Exam Mar 19

NATIONAL LIFEGUARD RECERTIFICATION

Prerequisites: National Lifeguard (need not be current)

\$85

Sun 4:00pm – 8:00pm

Jan 8

FIRST AID COURSES

STANDARD FIRST AID with CPR C

\$125

Sat – Sun 8:00am – 4:30pm

Jan 7 – 8