



Registration Dates: Set 1: Mount Pearl Residents – Aug 28th at 5pm | Open – Aug 30th at 5pm
Registration Dates: Set 2: Mount Pearl Residents – Oct 30th at 5pm | Open – Nov 1st at 5pm

Online Registration Only @ www.mountpearl.ca/registration

Set 1 – 7 Week Classes

Sun: Sep 10 – Oct 22
Tue: Sep 12 – Oct 24
Wed: Sept 13 – Oct 25
Thu: Sep 14 – Oct 26

Set 2 – 7 Week Classes

Sun: Nov 5 – Dec 17
Tue: Nov 7 – Dec 19
Wed: Nov 8 – Dec 20
Thu: Nov 9 – Dec 21

Set 1 – 10 Week Classes

Fri: Sep 15 – Nov 24
Sat: Sep 16 – Dec 2

PARENT AND TOT LESSONS

3 Months – 2 Years | 30 min | 7 Week \$33 | 10 Week \$55

NOTE: One Adult MUST get in pool with child.

Parent and Tot 1:

For infants 3 months – 12 months

Sun 11:45am / 2:15pm
Tue 5:00pm
Wed 5:00pm
Fri 4:30pm
Sat 2:15pm

Parent and Tot 2:

For toddlers 12 - 24 months

Sun 12:20pm / 1:40pm / 3:25pm
Tue 5:35pm
Wed 5:35pm
Fri 5:05pm
Sat 1:40pm

Parent and Tot 3:

For toddlers 24 – 36 months

Sun 12:55pm / 2:50pm
Fri 5:40pm
Sat 12:55pm / 1:40pm



PRESCHOOL LESSONS

3 to 5 Years | 30 min classes | 7 Week \$52.50 | 10 Week \$ 75

Preschool 1:

Sun	11:45am / 12:55pm / 1:40pm / 2:50pm / 3:25pm
Tue	5:00pm
Wed	5:00pm
Fri	4:30pm
Sat	11:45am / 12:20pm / 12:55pm

Preschool 2:

Must have completed Preschool 1

Sun	11:45am / 12:20pm
Tue	5:35pm
Wed	5:35pm
Fri	5:05pm
Sat	11:45am / 2:15pm

Preschool 3:

Must have completed Preschool 2

Sun	12:55pm / 3:25pm
Tue	6:10pm
Wed	6:10pm
Fri	5:40pm

Preschool 4:

Must have completed Preschool 3

Sun	2:15pm
Tue	6:10pm
Wed	6:10pm
Fri	6:15pm

Preschool 5:

Must have completed Preschool 4

Sun	2:15pm
Fri	6:15pm



SWIMMER

Group Lessons | 5 to 12 years old

Swimmer 1

30 min | 7 Week \$42 | 10 Week \$60

Sun	11:45am / 12:20pm / 12:55pm
Tue	5:00pm
Wed	5:00pm / 5:35pm
Fri	4:30pm / 5:05pm
Sat	11:45am / 12:20pm

Swimmer 2

Must have completed Swimmer 1

30 min | 7 Week \$42 | 10 Week \$60

Sun	11:45am / 12:20pm / 12:55pm
Tue	5:00pm
Wed	5:00pm / 5:35pm
Fri	4:30pm / 5:05pm
Sat	11:45am / 12:20pm

Swimmer 3

Must have completed Swimmer 2

45 min | 7 Week \$46.50 | 10 Week \$66.25

Sun	2:30pm / 3:20pm
Tue	6:10pm
Wed	6:10pm
Fri	5:05pm
Sat	12:55pm / 1:55pm

Swimmer 4

Must have completed Swimmer 3

45 min | 7 Week \$46.50 | 10 Week \$66.25

Sun	2:30pm
Tue	6:10pm
Wed	6:10pm
Fri	5:05pm
Sat	12:55pm / 1:55pm

Swimmer 5

Must have completed Swimmer 4

45 min | 7 Week \$46.50 | 10 Week \$66.25

Sun	2:30pm
Tue	6:10pm
Wed	6:10pm
Sat	12:55pm / 1:55pm



Swimmer 6

Must have completed Swimmer 5

45 min | 7 Week \$46.50 | 10 Week \$66.25

Sun	2:30pm
Tue	6:10pm
Wed	7:00pm
Sat	12:55pm / 1:55pm

Swim Patrol Rookie

Must have completed Swimmer 6

45 min | \$75

Sun	3:20pm
Wed	6:10pm
Fri	5:55pm

Swim Patrol Ranger

Must have completed Swim Patrol Rookie

45 min | \$75

Sun	3:20pm
Wed	6:10pm
Fri	5:55pm

Swim Patrol Star

Must have completed Swim Patrol Ranger

45 min | \$75

Sun	3:20pm
Wed	6:10pm
Fri	5:55pm



LOW RATIO SWIMMER

Group Lessons | 5 to 12 years old

Swimmer 1 (Low Ratio)

30 min | 7 Week \$61.25

Tue 5:35pm

Swimmer 2 (Low Ratio)

Must have completed Swimmer 1

30 min | \$70

Tue 5:35pm

Swimmer 3 (Low Ratio)

45 min | 7 Week \$70 | 10 Week \$100

Sun 1:40pm

Fri 5:40pm

Swimmer 4 (Low Ratio)

45 min | 7 Week \$70 | 10 Week \$100

Sun 1:40pm

Fri 5:40pm

Swimmer 5 (Low Ratio)

45 min | 7 Week \$70 | 10 Week \$100

Sun 1:40pm

Fri 5:40pm

Swimmer 6 (Low Ratio)

45 min | 7 Week \$70 | 10 Week \$100

Sun 1:40pm

Fri 5:40pm



PRIVATE LESSONS

30 min | 7 Week \$131.75 | 10 Week \$187.50

Tue 7:00pm / 7:45pm

YOUTH LESSONS

Group Lessons | 13-16 years old

Youth Fitness

For teen swimmers who are looking to improve their fitness and learn the basics of swimming as a fitness activity.

Age 12-15 | 45 min | 7 Week \$46.50

Wed 7:00pm

ADULT LESSONS

Group Lessons | 16+ years old

Adult 1

Beginner Level

45 min | 7 Week \$53.50

Tue 7:00pm

Adult 2

Intermediate Level

45 min | 7 Week \$53.50

Tue 7:00pm

Adult 3

Advanced Level

45 min | 7 Week \$53.50

Tue 7:00pm



LIFESAVING COURSES

BRONZE MEDALLION

Prerequisites: Minimum 13 years of age or Bronze Star certification (need not be current)

\$215

Tue 5:00pm – 7:30pm

LIFEGUARDING COURSES

BRONZE CROSS

Prerequisites: Bronze Medallion and Emergency or Standard First Aid (need not be current)

\$215

Wed 4:30pm – 7:30pm

NATIONAL LIFEGUARD RECERTIFICATION

Prerequisites: National Lifeguard (need not be current)

\$80

Fri Sep 1 8:00am - 12:00pm

Sun Oct 29 12:00pm – 4:00pm

Sat Dec 16 11:30am – 3:30pm



FIRST AID COURSES

EMERGENCY FIRST AID

Note: Required to take Bronze Cross

\$75

Oct 28

8:00am – 4:00pm

STANDARD FIRST AID

Note: Required to take National Lifeguard.

\$125

Oct 28-29

8:00am – 4:00pm