



Registration Dates:

Mount Pearl Residents – June 23rd at 5pm | Open Registration – June 25th at 5pm

Online Registration Only @ www.mountpearl.ca/registration

8 Week Classes

Sun: Jul 6 – Aug 24
Mon: Jul 7 – Aug 25
Tue: Jul 8 – Aug 26
Wed: Jul 9 – Aug 27
Thurs: Jul 10 – Aug 28
Sat: Jul 12 – Aug 30

PARENT AND TOT LESSONS

3 Months – 2 Years | 30 min | 8 Weeks \$44.00

NOTE: One Adult MUST get in pool with child.

Parent and Tot 1:

For infants 3 months – 12 months

Sun 9:30am / 5:05pm
Mon 5:05pm
Tue 5:05pm
Thu 5:05pm
Sat 10:05am

Parent and Tot 2:

For toddlers 12 - 24 months

Sun 10:05pm / 5:05pm
Mon 5:05pm
Tue 5:05pm
Wed 5:05pm
Thu 5:05pm

Parent and Tot 3:

For toddlers 24 – 36 months

Wed 5:05pm
Thu 5:40pm
Sat 10:40am



PRESCHOOL LESSONS

3 to 5 Years | 30 min classes | 8 Weeks \$60.00

Preschool 1:

Sun	9:30am / 10:40am / 11:25am / 4:30pm / 5:40pm
Mon	4:30pm / 5:40pm
Tue	4:30pm / 5:40pm
Wed	4:30pm / 5:40pm
Thu	4:30pm / 5:40pm
Sat	9:30am / 11:25am

Preschool 2:

Must have completed Preschool 1

Sun	10:05am / 11:25am / 4:30pm / 5:40pm
Mon	4:30pm / 5:40pm
Tue	4:30pm / 5:40pm
Wed	4:30pm / 5:40pm
Thu	4:30pm
Sat	9:30am / 10:05am / 11:25am

Preschool 3:

Must have completed Preschool 2

Sun	10:40am / 6:25pm
Mon	6:25pm
Tue	6:25pm
Wed	6:25pm
Thu	6:25pm
Sat	10:40am

Preschool 4:

Must have completed Preschool 3

Sun	6:25pm
Mon	6:25pm
Tue	6:25pm
Wed	6:25pm
Thu	6:25pm

Preschool 5:

Must have completed Preschool 4

Sun	6:25pm
Mon	6:25pm
Tues	6:25pm
Wed	6:25pm
Thu	6:25pm



SWIMMER

Group Lessons | 5 to 12 years old

Swimmer 1

30 min | 8 Week \$48.00

Sun	9:30am / 10:05am
Mon	4:30pm / 5:05pm / 6:40pm / 7:15pm
Tue	4:30pm / 5:05pm / 5:40pm
Wed	4:30pm / 5:05pm / 6:40pm
Thu	4:30pm / 5:05pm / 5:40pm
Sat	9:30am / 10:55am

Swimmer 2

Must have completed Swimmer 1

30 min | 8 Week \$48.00

Sun	9:30am / 10:05am
Mon	4:30pm / 5:05pm / 6:40pm / 7:15pm
Tue	4:30pm / 5:05pm / 5:40pm
Wed	4:30pm / 5:05pm / 6:40pm
Thu	4:30pm / 5:05pm / 5:40pm
Sat	9:30am / 10:55am

Swimmer 3

Must have completed Swimmer 2

45 min | 8 Week \$53.00

Sun	10:40am
Mon	5:40pm
Tue	6:25pm
Thu	6:25pm
Sat	11:30am

Swimmer 4

Must have completed Swimmer 3

45 min | 8 Week \$53.00

Sun	10:40am
Mon	5:40pm
Tue	6:25pm / 7:15pm
Thu	6:25pm
Sat	11:30am

Swimmer 5

Must have completed Swimmer 4

45 min | 8 Week \$53.00

Sun	10:40am
Mon	5:40pm
Tue	6:25pm / 7:15pm
Thu	6:25pm
Sat	11:30am



Swimmer 6

Must have completed Swimmer 5

45 min | 8 Week \$53.00

Sun	10:40am
Mon	6:40pm
Tue	7:15pm
Sat	11:30am

Swim Patrol Rookie

Must have completed Swimmer 6

45 min | \$75

Wed	5:40pm
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Swim Patrol Ranger

Must have completed Swim Patrol Rookie

45 min | \$75

Wed	5:40pm
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Swim Patrol Star

Must have completed Swim Patrol Ranger

45 min | \$75

Wed	5:40pm
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LOW RATIO SWIMMER

Group Lessons | 5 to 12 years old

Swimmer 1 (Low Ratio)

30 min | 8 Week \$70.00

Sun	9:30am
Wed	7:15pm

Swimmer 2 (Low Ratio)

Must have completed Swimmer 1

30 min | 8 Week \$70.00

Sun	9:30am
Wed	7:15pm

Swimmer 3 (Low Ratio)

Must have completed Swimmer 2

45 min | 8 Week \$80.00

Sat	10:05am
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Swimmer 4 (Low Ratio)

Must have completed Swimmer 3

45 min | 8 Week \$80.00

Sat	10:05am
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Swimmer 5 (Low Ratio)

Must have completed Swimmer 4

45 min | 8 Week \$80.00

Sat 10:05am

Swimmer 6 (Low Ratio)

Must have completed Swimmer 5

45 min | 8 Week \$80.00

Sat 10:05am

PRIVATE LESSONS

30 min | 8 Weeks \$150.00

Sun 4:30pm / 5:05pm / 5:40pm / 6:15pm

ADULT LESSONS

Group Lessons | 16+ years old

Adult 1

Beginner Level

45 min | 8 Week \$61.00

Thu 7:15pm

Adult 2

Intermediate Level

45 min | 8 Week \$61.00

Thu 7:15pm

Adult 3

Advanced Level

45 min | 8 Week \$61.00

Thu 7:15pm



LIFESAVING COURSES

BRONZE MEDALLION

Introduces candidates to the assessment, skills, and problem solving to be safe in and around water.

Prerequisites: Minimum 13 years of age or Bronze Star certification (need not be current)

\$225

July 7 – 10

4:00pm – 9:00pm

LIFEGUARDING COURSES

BRONZE CROSS

Building upon Bronze Medallion candidates will expand their skills into teamwork, active supervision in aquatic facilities, and responding to emergencies as a part of a Lifeguard lead team. This course offer includes the required Emergency First Aid certification.

Prerequisites: Bronze Medallion

\$265

July 20 – 24

4:00pm – 9:00pm

NATIONAL LIFEGUARD

The Lifesaving Society's National Lifeguard is Canada's only nationally recognized Lifeguarding certification. Building skills from Bronze Cross candidates will develop the skills and principles to provide active supervision and emergency response in aquatic facilities.

Prerequisites: Minimum 15 years of age, Bronze Cross, Standard First Aid (need not be current)

\$290

August 18 – 22

12:00pm – 8:00pm

INSTRUCTOR COURSES

SWIM FOR LIFE INSTRUCTOR

The Lifesaving Society's Swim for Life Instructor prepares candidates to teach the Society's Swim for Life lessons programming.

Prerequisites: Minimum 15 years of age and Bronze Cross (need not be current)

\$215

Aug 4 – 7

4:00pm – 9:00pm