



Registration Dates:

Mount Pearl Residents – Nov 17th at 5pm | Open Registration – Nov 19th at 5pm

Online Registration Only @ www.mountpearl.ca/registration

4 Week Classes

Tue & Wed: Nov 25 – Dec 17:

NOTE: These classes run twice a week for a total of 8 classes

5 Week Classes

Sat: Nov 22 – Dec 20:

NOTE: These classes run once a week for a total of 5 classes

PARENT AND TOT LESSONS

3 Months – 2 Years | 30 min | 4 Weeks \$44.00

NOTE: One Adult MUST get in pool with child during Parent and Tot lessons

Parent and Tot 1, 2, & 3 Combined Class:

For infants 3 months – 36 months

Participants will be led in age-appropriate activities with their infants or toddlers

Tue & Wed 5:00pm

PRESCHOOL LESSONS

3 to 5 Years | 30 min classes | 4 Weeks \$60.00

Preschool 1:

Tue & Wed 5:00pm / 5:35pm

Preschool 2:

Must have completed Preschool 1

Tue & Wed 5:35pm

Preschool 3:

Must have completed Preschool 2

Tue & Wed 6:10pm

Preschool 4:

Must have completed Preschool 3

Tue & Wed 6:10pm

Preschool 5:

Must have completed Preschool 4

Tue & Wed 6:10pm



SWIMMER

Group Lessons | 5 to 12 years old

Swimmer 1

30 min | 5 Week \$48.00

Tue & Wed 5:00pm / 5:35pm / 6:40pm

Swimmer 2

Must have completed Swimmer 1

30 min | 5 Week \$48.00

Tue & Wed 5:00pm / 5:35pm

Swimmer 3

Must have completed Swimmer 2

45 min | 4 Week \$53.00 | 5 Week \$33.00

Tue & Wed 5:00pm / 6:10pm

Sat 11:40am

Swimmer 4

Must have completed Swimmer 3

45 min | 4 Week \$53.00 | 5 Week \$33.00

Tue & Wed 6:10pm

Sat 12:30pm

Swimmer 5

Must have completed Swimmer 4

45 min | 4 Week \$53.00 | 5 Week \$33.00

Tue & Wed 5:50pm

Swimmer 6

Must have completed Swimmer 5

45 min | 4 Week \$53.00 | 5 Week \$33.00

Tue & Wed 7:00pm

Swim Patrol Rookie / Ranger / Star

Must have completed Swimmer 6

Participants will indicate which level their swimmer has last successfully completed at registration

45 min | 4 Week \$75.00 | 5 Week \$60.00

Tue & Wed 7:15pm

Sat 1:30pm



TEEN LESSONS

Group Lessons | 13 - 16 years old

Teen 1

Beginner Level Learn to Swim lessons for teens.

45 min | 5 Week \$33.00

Sat 11:40am

Youth Fitness

For teen swimmers who have completed swimming lessons or have an intermediate or better swimming level who are looking to improve their fitness through the sport of swimming.

45 min | 5 Week \$33.00

Sat 12:30pm

ADULT LESSONS

Group Lessons | 16+ years old

Adult 1

Beginner Level

45 min | 5 Week \$38.00

Sat 2:35pm

LIFESAVING COURSES

BRONZE MEDALLION

Introduces candidates to the assessment, skills, and problem solving to be safe in and around water.

Prerequisites: Minimum 13 years of age or Bronze Star certification (need not be current)

\$225

Sat 11:45am – 3:00pm

LIFEGUARDING COURSES

BRONZE CROSS with Emergency First Aid.

Building upon Bronze Medallion candidates will expand their skills into teamwork, active supervision in aquatic facilities, and responding to emergencies as a part of a Lifeguard lead team. This course offer includes the required Emergency First Aid certification.

Prerequisites: Bronze Medallion (need not be current)

\$265

Sat 9:45am – 3:00pm