

Summer/Fall 2026



PEARL PULSE

Mount Pearl City Guide

Welcome

A MESSAGE FROM CITY COUNCIL

Summer has arrived in Mount Pearl, bringing plenty of opportunities to get outside, get involved, and enjoy our vibrant community. We are excited to share the latest edition of The Pearl Pulse with you.

Across the City, we continue to invest in programs, spaces, and services that support an active, connected, and inclusive community. From enhancements to recreation areas to ongoing infrastructure improvements, Council is focused on making Mount Pearl an even better place to live, work, and play.

Inside this guide, you'll find everything you need to make the most of the season. Whether you are exploring our trails, taking part in programs, or spending time with family and friends, there is something for everyone to enjoy.

What truly sets Mount Pearl apart is our strong sense of community. It's reflected in the pride residents take in their neighbourhoods and the connections we share with one another.

We wish you a safe, active, and enjoyable summer.

Mount Pearl City Council





From left to right: Councillors Bill Antle, Chelsea Lane, Isabelle Fry, Jim Locke & Mark Rice
Front: Mayor Dave Aker & Deputy Mayor Nicole Kieley

WE WANT YOUR FEEDBACK!

The City of Mount Pearl is reviewing how we communicate with residents and businesses. This short survey will help us understand what information you want, how you prefer to receive it, and how we can improve.



**TAKE THE SURVEY!
SHARE YOUR
FEEDBACK AND HELP
SHAPE CITY
COMMUNICATIONS**

Visit heymountpearl.ca/communicationsurvey to share your input and help shape future communications from the City of Mount Pearl.

STAY CONNECTED

Follow us on Facebook and LinkedIn for real-time updates about events, service changes, emergency notices, and more!

Visit mountpearl.ca for comprehensive information on everything from City services, recreation schedules, permits, and council updates.

 facebook.com/mountpearl

 linkedin.com/company/mountpearl

WHAT'S IN THIS GUIDE?

• Message from Council	1
• Table of Contents	2
• Communications Survey	2
• Summit Centre	3
• Proof of Residency Information	3
• Canoe & Kayak Program	3
• TIME™ Program	4
• Care Program	4
• Guided Walks	4
• Community Safety & Well-Being	5
• HeyMountPearl	6
• Public Works Update	7
• Bulk Garbage	8
• Urban Forestry	8
• Summer Safety Tips	9
• Fire Safety Tips	10
• Home Safety Tips	10
• Bicycle Safety Tips	10
• City Days	11
• Fall/Winter Events	12
• Mount Pearl Crossword	12
• Permits	13
• Citizen Alert	14

REACH YOUR PEAK AT THE MOUNT PEARL SUMMIT CENTRE

With two pools, a fitness centre, gymnasium, walking track, and more!

Fitness memberships for as low as \$26/month. Drop-in sessions start at \$6.50!

Make fitness a family affair! 15% off a second membership and 10% off for additional family members (conditions apply).

For those who prefer water over weights, Aquatic Memberships start at \$50/month and drop-in swims start at \$4.

Ask about our swim packages for extra savings!

Visit mountpearl.ca/summitcentre for swim schedules, fitness classes & more.



CANOE & KAYAK PROGRAM



Power's Pond Boat House
43 Clyde Avenue, Mount Pearl

AVAILABLE EQUIPMENT

- 4 Double Kayaks
- 1 Single Kayak
- 6 Canoes

All equipment is provided on a first-come, first-served basis, so arrive early to make the most of your visit.

IMPORTANT DETAILS

- Participants are encouraged to bring their own personal flotation device (PFD)
- Canoe capacity:
 - Up to 3 adults, or
 - 4 passengers when children are included
 - (At least one adult must accompany children)

HOURS OF OPERATION*



June 27 – August 30, 2026



Open 7 days a week, 12:30 PM – 8:00 PM

* Please note: Operations are weather-dependent.
Call 709.764.7635 for daily updates.

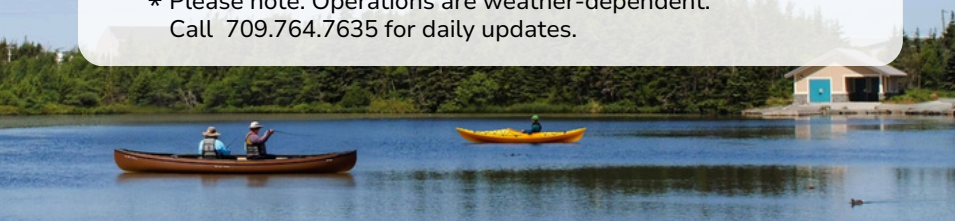
PROOF OF RESIDENCY

Don't miss out on early registration access for swimming lessons and fitness classes.

To secure your priority registration spot, simply submit your proof of residency through either a City tax bill, voter registration card, or utility bill.

Submit your documentation via email to customerservice@mountpearl.ca or visit the Summit Centre Customer Service Desk in person.

Learn more by visiting
mountpearl.ca/proof-of-residency





TIME™ PROGRAM

The TIME™ Program is a 10-week exercise class for adults facing balance or mobility challenges. It is designed by physiotherapists to help build strength, improve mobility, and gain independence.

Participants must be able to walk independently with or without a mobility aid. Sessions run twice weekly with flexible morning time slots.

**Referral by a healthcare professional is required.*



CARE DAY PROGRAM

The CARE Day Program (Community, Accessibility, Recreation & Engagement) is an inclusive daytime program for adults with disabilities.

Participants engage in recreation, creative arts, and swimming activities that promote independence and social connection in a supportive environment.

Open to adults 18 and older with cognitive, physical, or developmental disabilities, the program provides structured group-based activities.

Some participants may require a support worker to ensure safe and meaningful participation.

Drop-in sessions available; \$20 per session.

Applications and intake interview bookings can be directed to: **Breanna Pelley**, Accessibility, Diversity and Inclusion Coordinator at bpelley@mountpearl.ca.

To learn more about both of these programs, please visit mountpearl.ca/inclusion

STAY ACTIVE & SOCIAL

JOIN GUIDED WALKS ON OUR BEAUTIFUL TRAILS!

SOCIAL WALKS - FOR EVERYBODY - EVERY TUESDAY

SAFE SENIORS WALKS - EVERY THURSDAY

READY TO GET MOVING? CHECK OUT ALL THE DETAILS AT [MOUNTPEARL.CA/GUIDEDWALKS](https://mountpearl.ca/guidedwalks)





Community Safety & Well-Being in Mount Pearl

Feeling safe in your community is about everyday life—kids having safe places to go, parks and trails that feel welcoming, and knowing support is available when it's needed.

Mount Pearl's **Community Safety and Well-Being Plan** brings together residents, community groups, service providers, and enforcement partners to focus on what helps people feel safe, supported, and connected. The plan is built around six core priorities shaped by community input.

SUPPORTING YOUTH

The plan focuses on safe spaces, positive programs, and leadership opportunities for young people, while addressing bullying and supporting youth who may be at risk. Youth voices are included as part of building solutions.

SAFE, WELCOMING PUBLIC SPACES

Improvements to lighting, trails, accessibility, and inclusive design help ensure parks and shared spaces are comfortable and usable for everyone year-round.

MENTAL HEALTH AND SOCIAL SUPPORTS

Making mental health and social services easier to find, reducing stigma, and improving coordination helps residents access support when they need it.

TRUST AND COMMUNICATION

Clear, timely communication and strong partnerships with schools, businesses, and community organizations help ensure concerns are heard and addressed.



FAIR, COMMUNITY-FOCUSED SAFETY

Safety efforts are most effective when they're visible, respectful, and relationship-based, supported by collaboration across agencies and community groups.

HOUSING, MOBILITY, & CITY DESIGN

Safe communities are supported by affordable housing, reliable transportation, walkable neighbourhoods, and inclusive urban design.

Together, these priorities support a safer, more connected Mount Pearl.

VIEW THE FULL PLAN

Scan the QR code or visit:
heymountpearl.ca/safetyplan

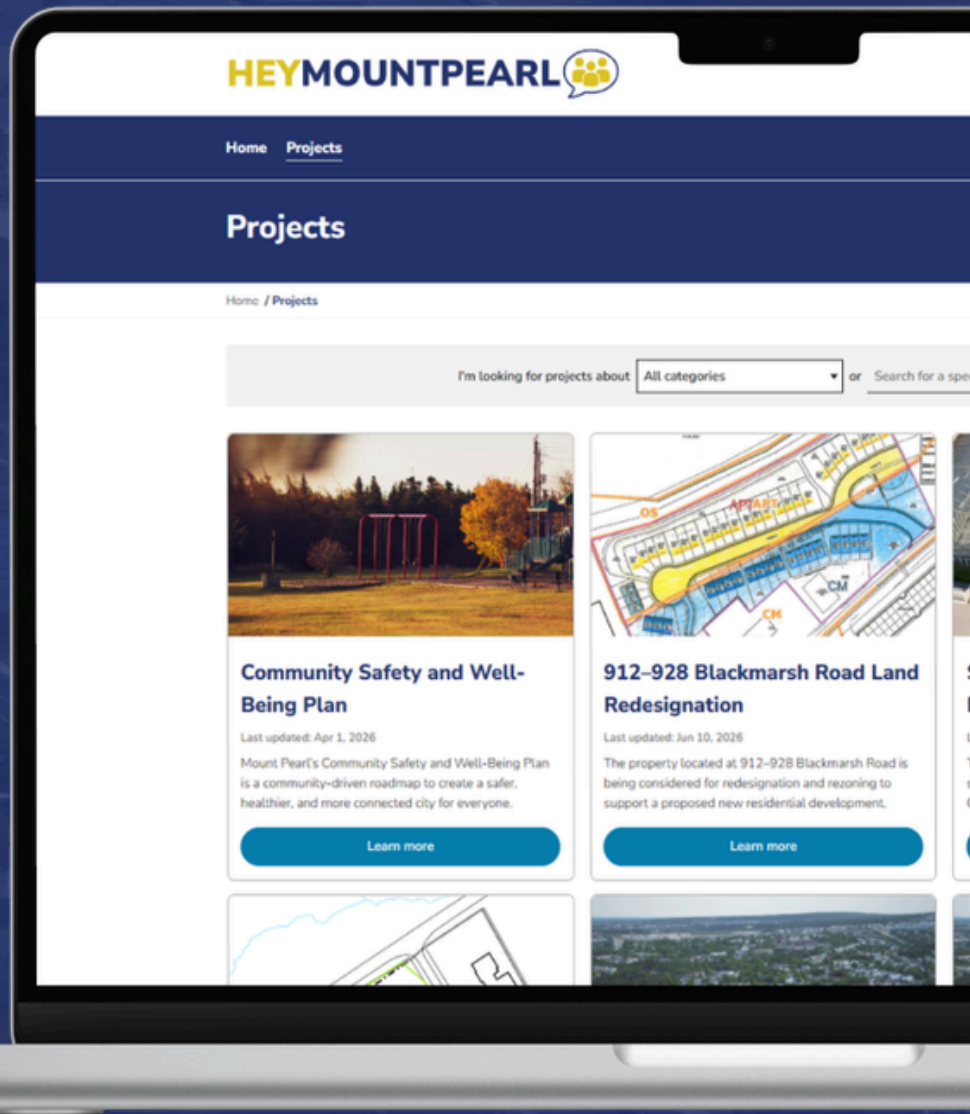
Share your thoughts or questions:
mysafecity@mountpearl.ca



HEYMOUNTPEARL

YOUR CITY, YOUR VOICE

**SIGN UP
TO STAY
INFORMED
AND BE
PART OF
CITY
DECISIONS
THAT
MATTER
TO YOU.**



Scan the QR Code
to learn more or visit
HEYMOUNTPEARL.CA

Our Street Fleet Crew Doesn't Stop When the Snow Does!

Mount Pearl's snow clearing is praised as the gold standard for good reason. Our Street Fleet keeps roads safe through the toughest winters. But when the snow melts, the work doesn't stop. Through spring and summer, crews shift gears to projects that improve neighbourhoods, protect vital infrastructure, and enhance everyday life across the city.

This year's to-do list includes upgrading outdoor tennis, basketball, and pickleball courts, creating safer, smoother, and longer-lasting recreational spaces. Crews are also continuing trail upgrades by converting select asphalt paths to crushed stone surfaces that improve drainage, accessibility, and maintenance.

Families will benefit from new playground structures at Farrell Drive and Branscombe Pond, while behind the scenes, crews are upgrading lift station pumps and pressure-reducing valves—essential work that keeps water and wastewater systems reliable city-wide.

From playgrounds and trails to courts and core infrastructure, the Street Fleet delivers year-round—long after the plows are parked.

PAPER YARD WASTE BAGS ARE NOW MANDATORY



DITCH THE PLASTIC

As part of our commitment to environmental sustainability, we have transitioned to paper bags **ONLY** for yard waste collection. Plastic bags will no longer be accepted.



IT IS EASY BEING GREEN

Place paper yard waste bags at the curb one meter from your garbage cart; the City's Street Fleet will pick them up on garbage day!



TURNING RUBBISH INTO RESOURCES

Organic yard waste, paper bags and all, will be turned into mulch at Robin Hood Bay, making the system greener and extending the life of our landfill.



BULK GARBAGE COLLECTION: WHAT'S CHANGING IN 2026

The City is updating how paid bulk garbage collection is scheduled in 2026.

Paid bulk garbage collection, previously available between May and November, will now take place on six set dates:

- Tuesday, September 8
- Monday, September 14
- Monday, September 21
- Monday, September 28
- Monday, October 5
- Tuesday, October 13

The fee remains \$25 per service.

Learn more at mountpearl.ca/bulkgarbage



GROWING OUR URBAN FOREST

Phase 4 of the City's Urban Forestry Plan is underway, with a strong investment in greener, healthier neighbourhoods.

We're matching the \$200,000 in funding received from the Federation of Canadian Municipalities through the Growing Canada's Community Canopies program to enhance the urban canopy while supporting climate resilience and community well-being.

Working in partnership with the Grand Concourse Authority, this phase will focus on tree planting along Old Placentia Road.

Summer Safety Tips

Make the most of summer and always keep safety in mind. Whether you are exploring parks, learning about outdoor events, or enjoying the sunny trails, this guide has you covered. Stay informed, stay safe, and embrace the magic of a Mount Pearl summer!



DRIVE WITH CARE

Slow down in residential areas and near playgrounds. Never leave children or pets in hot cars. Buckle up, avoid distractions, and never drive impaired.



BEAT THE HEAT

Drink water often, limit sun exposure, check the UV index, use sunscreen, and wear light clothing.



AVOID WATER WOES

Wear lifejackets, watch children closely, check weather conditions, stay sober, and swim with a buddy.



AVOID CRITTERS, BIG AND SMALL

Use insect repellent, wear protective clothing, carry first aid supplies, check for ticks, keep your distance from wildlife, and store food properly when camping.



PREVENT FOODBORNE ILLNESS

Wash hands, keep food cold, separate raw meats, and clean cooking equipment thoroughly.



ENJOYING THE GREAT OUTDOORS

Wear helmets (when required), carry essentials, hike with a buddy, and share your plans with others.

FIRE SAFETY & PREVENTING FOREST FIRES

Keep campfires and backyard fires small and contained, and never leave them unattended. Fully extinguish fires with water, stir the ashes, and check for heat before leaving the area. Matches and lighters should be kept out of reach of children, and smoking materials must be disposed of safely, never on the ground. If you see an unattended or suspicious fire, report it immediately to help prevent forest fires and keep the community safe.

Always check the Provincial Fire Hazard Map at gov.nl.ca/fire-hazard-map for fire bans or restrictions before lighting any outdoor fire.



SCAN QR CODE TO VIEW
THE CITY OF MOUNT
PEARL'S OPEN-AIR
BURNING REGULATIONS

BEFORE YOU GO: SIMPLE STEPS TO PROTECT YOUR HOME

Planning to head out of town this summer? These simple tips can help keep your home and property safe while you're away.

- Don't post travel plans or check-ins that announce your home is empty.
- Cancel deliveries and ask a neighbour to collect packages.
- Use strong locks and longer strike-plate screws.
- Install good exterior lighting with motion sensors and timers.
- Install a security system if possible.
- Remove ladders, tools, and bins that could be used for break-ins.
- Ask neighbours to check on your home.
- Arrange lawn care.
- Turn the phone ringer down or off.

BICYCLE SAFETY TIPS



① **PROTECT YOUR HEAD**



② **OBEY TRAFFIC SIGNS**



③ **PLAN YOUR ROUTE**



④ **STAY OFF YOUR PHONE**



⑤ **KNOW THE DANGERS**



⑥ **USE HAND SIGNALS**



CITY DAYS

JULY 17 TO 19, 2026

JULY 18 2026

SUNRISE YOGA

ST. DAVID'S PARK
7:00 AM TO 8:00 AM

JULY 18 2026

FAMILY FUN DAY

ADMIRALTY
HOUSE MUSEUM
11:00 AM TO 3:00 PM

JULY 18 2026

FREE AQUAFIT CLASS

SUMMIT CENTRE
5:45 PM TO 6:45 PM

JULY 19 2026

HALIFAX WANDERERS VS. NOTTINGHAM FOREST SOCCER MATCH

TEAM GUSHUE COMPLEX
12:00 PM TO 3:00 PM

JULY 17 2026

SENIORS' AFTERNOON TEA

REID CENTRE
1:00 PM TO 3:00 PM

JULY 17 2026

COMMUNITY BBQ

ST. DAVID'S PARK
7:30 PM TO 9:00 PM

JULY 18-19 2026

PICKLEBALL TOURNAMENT

MP INTERMEDIATE &
SENIOR HIGH SCHOOLS GYMS
JULY 18 (9AM-7PM)
& JULY 19 (9AM-4PM)

JULY 18 2026

MAGIC SHOW WITH MICHAEL CONWAY

REID CENTRE
1:00 PM TO 2:30 PM

JULY 18 2026

BREWS & TUNES AT LANDWASH

LANDWASH BREWERY
7:00 PM TO 11:00 PM

JULY 19 2026

FIFA WORLD CUP: WATCH PARTY

RUTH AVE. SPORTS COMPLEX
4:30 PM TO 6:30 PM

JULY 17 2026

CELEBRATE CITY DAYS PUBLIC SWIM

SUMMIT CENTRE
3:00 PM TO 4:15 PM

JULY 17 2026

OUTDOOR MOVIE

ST. DAVID'S PARK
9:00 PM TO 10:30 PM

JULY 18 2026

PRINCESS & SUPERHEROES BREAKFAST

REID CENTRE
9:00 AM TO 10:30 AM

JULY 18 2026

BATTLE OF THE BANDS

REID CENTRE
5:00 PM TO 9:00 PM

JULY 19 2026

FAMILY DRONE RACING

REID CENTRE
10:00 AM TO 12:00 PM

JULY 19 2026

BIG BIRTHDAY BASH CONCERT

RUTH AVE. SPORTS COMPLEX
6:30 PM TO 11:00 PM



**SCAN THE QR FOR FULL EVENT DETAILS
OR VISIT MOUNTPEARL.CA/CITYDAYS**



**REQUIRES
REGISTRATION
OR TICKETS**

THE MOUNT PEARL CROSSWORD

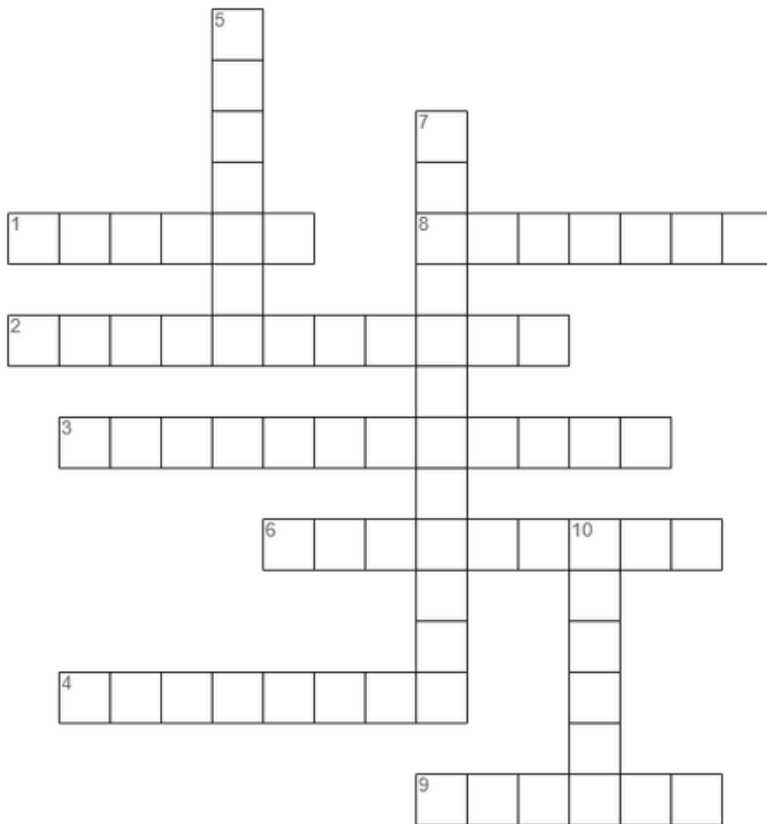
Think you know Mount Pearl inside and out? From hidden gems to historic hangouts, this crossword will put your local knowledge to the test. Grab a pen, take a stroll down memory lane, and see how many clues you can crack! Hint: Some answers are multiple words with no spaces between!

ACROSS

1. Mount Pearl's first indoor ice rink looked like a _____ turned on its side.
2. The sport of _____ was a popular attraction that drew affluent St. John's socialites to the area in the 1930's and 40's.
3. Not to be confused with Mr. Jim's Pizza, _____ was a great place to grab a sweet treat at the Corner of Commonwealth and Ruth Avenue up until the early 90's.
4. This neighbourhood was once its own distinct community that amalgamated with Mount Pearl Park. The two became one with the hyphenated name Mount Pearl - _____ when the town was first incorporated in 1955.
6. Mount Pearl's best kept secret, _____, is located where the Waterford River trail and the T'railway intersect.
8. Admiralty House Museum is one of 11 buildings originally constructed in 1915 by the _____ Telegraph Co. during the First World War.
9. The beloved mascot _____ shares a name with a pub in Mount Pearl Square.

DOWN

5. _____ is the name of a city street and the last name of our first Mayor.
7. Reach your peak at this recreation complex with a pool, _____.
10. This restaurant, opened in 1969 and closed in 2025. _____ is believed to have been the longest operating restaurant in Mount Pearl.



FALL/WINTER EVENTS	DATES Subject to Change
Oktoberfest	October 2
Fall Craft Fair	October 12
Haunting of Powers Pond	October 23 to November 1
Safety Skeleton	October 31
Pumpkin Parade	November 1
Remembrance Day	November 11
All is Bright, Powers Pond	December (All Month)
Christmas Parade	December 5
All is Bright, St. David's Park	December 5
Breakfast with Santa	December 12
First Night Celebrations	December 31

Answer Key: 1. Tin Can, 2. Horse Racing, 3. Jim's Snack Bar, 4. Glendale, 5. Burridge, 6. Twin Falls, 7. Summit Centre, 8. Marconi, 9. Frosty, 10. Luckys

Planning a Renovation? Start here!

DID YOU KNOW?

Many common home improvement projects in Mount Pearl require a permit and approval from the City.

Plumbing work requires a permit and must be completed and signed off by a journeyman plumber licensed in Mount Pearl. For electrical work, you'll need to provide the City with a copy of a permit from Service NL.

Before you pick up a hammer, make sure you have the proper permits in place.

You also need a permit if you're planning to:

- ✓ Build an accessory building (e.g., greenhouse, shed)
- ✓ Add a subsidiary apartment
- ✓ Construct an extension that changes the footprint of your home
- ✓ Build or modify a deck, patio, or verandah
- ✓ Install or alter a fence or retaining wall
- ✓ Replace siding or shingles
- ✓ Add or enlarge windows or exterior doors
- ✓ Install HVAC equipment, including a heat pump or mini-split
- ✓ Install a wood stove or fireplace
- ✓ Complete structural interior renovations
- ✓ Install a swimming pool or hot tub
- ✓ Widen your driveway

A SMARTER WAY TO PLAN YOUR PROJECT

We're launching a new online permitting and licensing system at mountpearl.ca/permits.

Contractors and homeowners will soon be able to:

- Submit applications online
- Pay fees electronically
- Track your permit as it's processed
- Link related submissions



STAY CONNECTED AND SIGN UP TO RECEIVE CITIZEN ALERTS.

Citizen Alert is a tool that provides direct communication from the City to you.

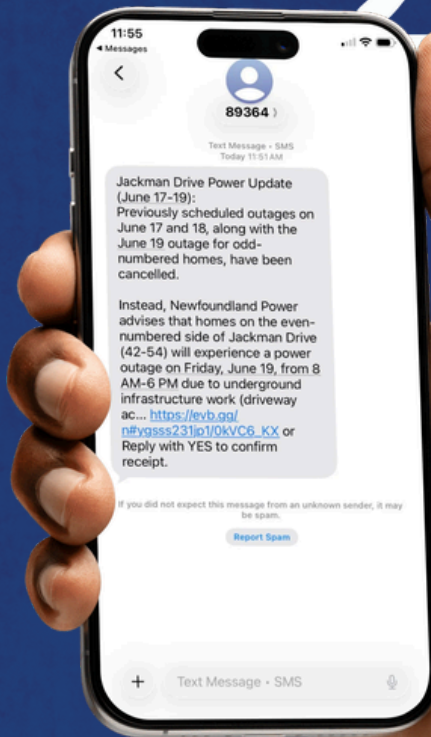
Citizen Alerts keep you informed about things like:

- Garbage and recycling schedule changes
- Major construction projects
- Emergency communications (e.g., severe weather, major fires)
- Significant traffic disruptions
- Watermain breaks
- Boil water advisories

Stay connected with phone calls, text messages, or emails, it's your choice!

CITIZEN ALERT

Sign up for alerts to be in the know about what is happening in our city.



Scan the QR Code
to learn more or visit
mountpearl.ca/citizen-alert



mountpearl.ca



Dave Aker | Mayor
daker@mountpearl.ca
709.748.1030



Nicole Kieley | Deputy Mayor
Currently on leave



Bill Antle | Councillor
bantle@mountpearl.ca
709.763.5328



Isabelle Fry | Councillor
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Chelsea Lane | Councillor
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