

RECREATION SWIM SCHEDULE - SEPTEMBER 8 – DECEMBER 19, 2026

MAIN POOL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 - 8:00am Lane Swim*	6:00 – 7:15am Lane Swim (4 lanes) *	7:15 - 9:15am Lane Swim*	6:00 - 7:15am Lane Swim (4 lanes) *	7:15 - 9:15am Lane Swim*	6:00 - 7:15am Lane Swim (4 lanes) *	9:30 – 10:00am Lane Swim (5 lanes) *
	7:15 - 9:15am Lane Swim*		7:15 - 9:15am Lane Swim*		7:15 - 9:15am Lane Swim*	10:00 - 10:30am Lane Swim*
11:00 - 11:45am Family Swim	11:30am - 2:30pm Lane Swim*	11:30am - 2:30pm Lane Swim*	11:30am - 2:30pm Lane Swim*	11:30am - 2:30pm Lane Swim*	11:30am – 1:30pm Lane Swim*	10:45 - 11:30am Family Swim
						3:30 - 4:15pm Public Swim
3:45 - 4:30pm Public Swim						4:45 - 5:30pm Sensory Swim
	6:00 - 6:50pm Lane Swim*				7:00 - 7:50pm Family Swim	
9:00 - 10:00pm Lane Swim*		9:00 - 10:00pm 2SLGBTQIA+ Swim*	9:00 - 10:00pm Lane Swim*	9:00 - 10:00pm Women & Girls Swim*	8:00 - 8:50pm Public Swim	

LEISURE POOL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 - 8:00am Adult Leisure Swim*	6:00 - 9:15am Adult Leisure Swim*	6:00 - 9:15am Adult Leisure Swim*	6:00 - 9:15am Adult Leisure Swim*	6:00 - 9:15am Adult Leisure Swim*	6:00 - 9:15am Adult Leisure Swim*	9:30 - 10:30am Adult Leisure Swim*
	9:30 - 10:20am Parent and Tot	9:30 - 10:20am Parent and Tot	9:30 - 10:20am Parent and Tot	9:30 - 10:20am Parent and Tot	9:30 - 10:20am Parent and Tot	
11:00 - 11:45am Family Swim						10:45 - 11:30am Family Swim
	11:30am - 1:30pm Adult Leisure Swim*	11:30am - 1:30pm Adult Leisure Swim*	11:30am - 1:30pm Adult Leisure Swim*	11:30am - 1:30pm Adult Leisure Swim*	11:30am - 1:30pm Adult Leisure Swim*	
3:45 - 4:30pm Public Swim	1:30 - 2:30pm Parent and Tot	1:30 - 2:30pm Parent and Tot	1:30 - 2:30pm Parent and Tot	1:30 - 2:30pm Parent and Tot		
						3:30 – 4:15pm Public Swim
	6:00 - 6:50pm Adult Leisure Swim*	7:00 - 7:50pm Family Swim				4:45 - 5:30pm Sensory Swim
7:00 – 7:50pm Family Swim		8:00 - 8:50pm Adult Leisure Swim*	7:00 - 7:50pm Family Swim	8:00 - 8:50pm Adult Leisure Swim*	7:00 - 7:50pm Family Swim	
8:00 - 10:00pm Adult Leisure Swim*	8:30 - 10:00pm Adult Leisure Swim*	9:00 - 10:00pm 2SLGBTQIA+*	8:00 - 10:00pm Adult Leisure Swim*	9:00 - 10:00pm Women & Girls*	8:00 - 8:50pm Public Swim	

The sauna is available during swims marked with an asterisk (*)

Dated September 22, 2026